

2024年男士祷告日历 - 11月

11月1日

品格--与我们的舒适相比，神更关心我们的品格。为人祷告，无论环境如何，都要让神塑造他们的品格。我们正在被塑造成基督的形象。罗马书 8 章 28-29 节说：“我们晓得万事都互相效力，叫爱神的人得益处，就是按他旨意被召的人。因为他预先所知道的人，就预先定下效法他儿子的模样，使他儿子在许多弟兄中做长子。”

11月2日

自我的生命--上帝故意攻击我们那个自我的生命。哪里有自我，哪里就有自我和骄傲的痛苦。为人祷告，让他们屈服于神用来钉死自我生命的钉子，这样我们才能更像基督。加拉太书 5 章 24 节说：“凡属基督耶稣的人，是已经把肉体连肉体的邪情私欲同钉在十字架上了。”

11月3日

三位一体--人是三位一体的存在，是按照神的形象创造的。创世记 1 章 27 说：“神就照着自己的形象造人，乃是照着他的形象，造男造女。”我们是灵、魂、体的存在。帖撒罗尼迦前书 5 章 23 节说：“愿赐平安的神亲自使你们全然成圣！又愿你们的灵与魂与身子得蒙保守，在我们主耶稣基督降临的时候完全无可指摘！”为男士祷告，让他们有意识地在这三个层面上培养出平衡和健康，就是**灵性的深度、情感的健康、身体的锻炼**。

11月4日

诱惑--与其担心未来的诱惑，不如在此刻，在当下，为男人向神忠心的祷告。现在如果我们在此时此刻忠于上帝，就不会感到那么难以承受。让我们在此时此刻敬畏上帝，然后还是在此时此刻敬畏上帝，然后继续在此时此刻敬畏上帝，就像以诺与上帝同行一样，就像耶稣所做的榜样一样。创世记 5 章 24 节说：“以诺与神同行，神将他取去，他就不在世了。”

11月5日

声誉--我的品格是我是谁，我的声誉是别人说我是谁。D.L. Moody 慕迪说，如果我们照顾好自己品格，我们的声誉就会自己照顾好自己。求主帮助人们在私下和公开场合都能敬虔。神对亚伯拉罕说：“你行在我面前，要完全（就是成熟、完全地意思）”创世记 17 章 1 节说：“亚伯兰年九十九岁的时候，耶和华向他显现，对他说：“我是全能的神，你当在我面前做完全人。”

11月6日

我们是谁？--最重要的不是我们拥有什么，也不是我们做了什么或知道什么，而是我们是谁。因此，要跟哥林多前书 16 章 13-14 说的：“你们务要警醒，在真道上站立得稳，要做大丈夫，要刚强。凡你们所做的，都要凭爱心而做。”求主让基督的品格通过你的行为和人际关系体现出来。

11月7日

感恩--诗篇 50 章 23 节说："凡以感谢献上为祭的，便是荣耀我；那按正路而行的，我必使他得着我的救恩。" 尽管我有忧虑和困难，但感恩是我对上帝信任的表达。如果我们这样荣耀祂，祂会奖赏我们。

11 月 8 日

你真的爱我吗？-- 约翰福音 21 章 15-17 节说："他们吃完了早饭，耶稣对西门彼得说：'约翰的儿子西门，你爱我比这些更深吗？' 彼得说：'主啊，是的，你知道我爱你。' 耶稣对他说：'你喂养我的小羊。' 耶稣第二次又对他说：'约翰的儿子西门，你爱我吗？' 彼得说：'主啊，是的，你知道我爱你。' 耶稣说：'你牧养我的羊。' 第三次对他说：'约翰的儿子西门，你爱我吗？' 彼得因为耶稣第三次对他说'你爱我吗'，就忧愁，对耶稣说：'主啊，你是无所不知的，你知道我爱你。' 耶稣说：'你喂养我的羊。'" "你真的爱我吗？" 复活的基督在西门彼得惨败给他之后，三次问他这个问题。当我们辜负主时，主也会问我们同样的问题。如果我们准备好像彼得一样回答，他就会再次使用我们。

11 月 9 日

怜悯-- 何西阿书 6 章 6 节说："我喜爱良善，不喜爱祭祀；喜爱认识神，胜于燔祭。" 我们对神的爱体现在我们对待邻舍的方式上。让我们检验一下自己，看看我们是否在人际关系中实践了爱、怜悯和信实。

11 月 10 日

分享--以弗所书 4 章 28 节说："从前偷窃的，不要再偷，总要劳力，亲手做正经事，就可有余，分给那缺少的人。" 决定我们人生的不是贪婪，而是慷慨。我准备好提出这个问题吗？就是："我的钱归谁？"

11 月 11 日

情欲--雅歌 1 章 2 节说："愿他用口与我亲嘴！因你的爱情比酒更美。" 情欲之美是上帝赐予夫妻关系的礼物。我们生活在一个堕落的世界，但通过上帝的恩典，即使是我们最亲密的关系也能得到治愈。

11 月 12 日

人格--基督徒最重要的决定是将自己的意志交给神。圣灵要改变和净化我们行为或个性的不同特征。因此，"不要效法这个世界，只要心意更新而变化，叫你们察验何为神的善良、纯全、可喜悦的旨意。" 这是罗马书 12 章 2 节说的。

11 月 13 日

性情--无论你的基本性格类型是胆汁质、血气质、痰质还是忧郁质，重要的是你要让圣灵在你身上结出祂的果子。加拉太书 5 章 22-23 说："圣灵所结的果子，就是仁爱、喜乐、和平、忍耐、恩慈、良善、信实、温柔、节制；这样的事没有律法禁止。"

11 月 14 日

新的身份--约翰福音 1 章 12 节说："凡接待他的，就是信他名的人，他就赐他们权柄做神的儿女。" 太奇妙了！赞美主！正是通过谦卑的信心，通过接受基督在十字架上赎罪的死所带来的救赎礼物，我们才获得了神儿女的新身份。

11月15日

软弱成为能力--哥林多后书 12 章 9 节说：“他对我说：‘我的恩典够你用的，因为我的能力是在人的软弱上显得完全。’所以，我更喜欢夸自己的软弱，好叫基督的能力覆盖我。”我们的软弱是上帝彰显祂能力的机会！因此，无论如何都要赞美祂！

11月16日

摇摇欲坠的根基--“亲爱的上帝，人类的根基正在摇摇欲坠。这个世界上没有任何可以依靠的东西。我还有什么希望？我知道你是全能的神--牢不可破，不可动摇。因此，我要把我的生命建立在你的身上。感谢您，主耶稣，您是我稳固的根基！”诗篇 11 篇 3 节说：“根基若毁坏，义人还能做什么呢？”

11月17日

生活的秘诀--加拉太书 2 章 20 节说：“我已经与基督同钉十字架，现在活着的不再是我，乃是基督在我里面活着。并且我如今在肉身活着，是因信神的儿子而活，他是爱我，为我舍己。”基督徒生活的秘诀就是让基督活在我们里面，并通过我们活出来。聆听祂的话语，在祷告中寻求祂。

11月18日

表现--“亲爱的上帝，尽管我已经得救，但我靠表现的问题依然存在。我以为我必须行善。我明白你是一切善的源泉。现在我认识到，你住在我里面，通过我，你行你的善事。感谢您解决了我靠表现的问题！腓立比书 1 章 6 节说：“我深信那在你们心里动了善工的必成全这工，直到耶稣基督的日子。”

11月19日

上帝信守他的诺言--“亲爱的主啊，你是全能的上帝，对你来说没有什么是太难的。你照顾亚伯拉罕，正如你所应许的。你也应许要眷顾我，尽管有时我很难相信你会眷顾我。求你坚固我的信心，使我不畏困难，相信你。”罗马书 4 章 21 节说：“且满心相信神所应许的必能做成。”

11月20日

上帝是信实的--“天父，您的信实有记录，无可挑剔。您总是信守诺言，说到做到。但有时我也会动摇和失败。但是，即使我不忠实，你依然忠实。真的，我可以将生命托付给你。求你使我信靠你，不管我人的感觉如何。”帖撒罗尼迦前书 5 章 24 节说：“那召你们的本是信实的，他必成就这事。”

11月21日

上帝的爱--“父神，感谢您如此爱我。你的话语告诉我，你如何差遣耶稣基督为我而死，以便你将自己献给我，使你可以通过我活出你的生命，让我意识到、相信并接受你无条件的爱，这样，我就能通过你去生活，去爱！”约翰一书 4 章 9 节说：“神差他独生子到世间来，使我们借着祂得生，神爱我们的心在此就显明了。”

11月22日

胆怯、不信--这世界的王是上帝真理的敌人。耶稣从一开始就称他为骗子。当上帝的真理和他的谎言发生冲突时，选择避免对抗土容易得多。但《圣经》警告我们，我们

必须表明立场。启示录 21 章 8 节说：“唯有胆怯的、不信的、可憎的、杀人的、淫乱的、行邪术的、拜偶像的和一切说谎话的，他们的份就在烧着硫磺的火湖里，这是第二次的死。”

11 月 23 日

缺乏知识-- 何西阿书 4 章 6 节说：“我的民因无知识而灭亡。你弃掉知识，我也必弃掉你，使你不再给我做祭司。你既忘了你神的律法，我也必忘记你的儿女。”正如过去的以色列人一样，今天的每一位基督徒都被呼召成为上帝的代表，向这个需要帮助的世界传福音。做一个祷告的人，研读圣经，活出并分享上帝的真理。

11 月 24 日

牧羊人-- 以西结书 34 章 2 节下说：“祸哉，以色列的牧人！只知牧养自己。牧人岂不当牧养群羊吗？”牧人是监督羊群的领袖。作为丈夫和父亲，我们有责任照顾我们的妻子和孩子。做一个符合上帝旨意的男人吧。

11 月 25 日

敬虔的人-- 诗篇 12 篇 1 节说：“耶和華啊，求你幫助，因虔誠人斷絕了，世人中間的忠信人沒有了。”最近，一位虔誠的好友去世了，我想起了公元前 1000 年大衛說的這句話。正直的男人太少了，無論付出多大的代價，他們都能活出自己的信仰。祈禱成爲一個虔誠的男人吧！

11 月 26 日

引導-- 箴言 22 章 6 節說：“教養孩童，使他走當行的道，就是到老他也不偏離。”作為父母，我們需要恩典和智慧，用敬畏主的心來教養孩子，這樣即使他們長大了，也不會偏離正道。感謝主，我們可以依靠你的幫助。

11 月 27 日

養家-- 詩篇 128 篇 2 節說：“你要吃勞碌得來的，你要享福，事情順利。”讓我們爲失業的男人禱告。我們今天爲他們代禱，希望爲他們有正當的工作打開大門。這樣他們就能爲家人提供足夠的生計。

11 月 28 日

妻子-- 忠貞、純潔和尊嚴似乎是已經廢棄的詞語。但對於基督徒丈夫來說，聖經的教導是適用的：箴言 5 章 18 節說：“要使你的泉源蒙福，要喜悅你幼年所娶的妻”。主啊，感謝你的聖靈警告我們，幫助我們戰勝試探，尊重我們的妻子。

11 月 29 日

子女-- 箴言 17 章 6 節說：“子孫爲老人的冠冕，父親是兒女的榮耀。”一個家庭中幾代人之間的健康共處是多年培養的關係的成果。天父，請教導我們作為父親有智慧，成爲家庭的平衡點。

11 月 30 日

敬拜--诗篇 122 篇 1 节说："人对我说‘我们往耶和华的殿去’，我就欢喜。"当大卫王被邀请与神的其他儿女一起敬拜耶和华时，他很高兴。教会需要男士们去邀请他们的家人一起敬拜主。主啊，愿我激励他人与我一起敬拜主。

Champions Arise

Monthly Prayer Calendar, November 2024

- 1. Character** – God is more concerned about our character than our comfort. Pray for men to allow God to forge their character no matter the circumstances. We are being conformed to the image of Christ (Rom. 8:28,29).
- 2. Self-life** – God deliberately attacks the self-life in us. Where there is self, there is the pain of ego and pride. Pray for men to surrender to the nails God uses to crucify self-life so that we can be more Christ-like (Gal. 5:24).
- 3. Trichotomy** – Man is a triune being, created in the image of God (Gen. 1:27). We are spirit, soul, and body (1Th. 5:23). Pray for men to be intentional about cultivating balance and health on all three levels: *spiritual depth, emotional health, physical exercise*.
- 4. Temptation** – Instead of worrying about temptations that lie ahead, pray for men to be faithful to God in this moment, in the present. Now. If we are loyal to God in the here and now, it doesn't feel so overwhelming. Let us honor God in this, and then in this, and then in this, as Enoch walked with God, as Jesus exemplified (Gen. 5:24).
- 5. Reputation** – My character is who I am, my reputation is who others say I am. D.L. Moody said if we take care of our character, our reputation will take care of itself. Pray that men will be godly in private as well as in public. God said to Abraham, "Walk before Me and be thou perfect (mature, complete)" (Gen. 17:1).
- 6. Who are we?** – Not what we have, nor what we do or know, but who we are is what matters most. Therefore, "Be on your guard; stand firm in the faith; be a man of courage; be strong. Do everything in love" (1Co. 16:13,14). Pray for the character of Christ to be reflected through your behaviour and relationships.
- 7. Giving thanks** – "He who sacrifices thanks offerings honors me, and he prepares the way so that I may show him the salvation of God" (Ps. 50:23). Thanksgiving, despite my concerns and difficulties, is the expression of my trust towards God. He rewards us if we honor Him this way.
- 8. Do you truly love me?** – "Do you truly love me" (Jn. 21:15-17). The resurrected Christ asked Simon Peter three times this question after he had failed him miserably. It is exactly this same question the Lord will ask us when we have failed him. He wants to use us again if we are ready to answer like Peter.
- 9. Mercy** – "For I desire mercy, not sacrifice, and acknowledgment of God rather than burnt offerings" (Hos. 6:6). Our love for God reveals itself in the way we deal with our neighbor. Let's test ourselves and see if we practice love, mercy, and faithfulness in our relationships.
- 10. Sharing** – "He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need" (Eph. 4:28). Not greed, but generosity should determine our life. Am I ready to ask the question "Who owns my money?"

11. Erotism – “Let him kiss me with the kisses of his mouth – for your love is more delightful than wine” (SS. 1:2). The beauty of erotism is God’s gift for the relationship between husband and wife. We live in a fallen world. But through the grace of God, even our most intimate relationship can be healed.

12. Personality – The most important decision for a Christian is the surrender of his will to God. The Holy Spirit wants to change and purify the different characteristics of our behavior, or personality. Therefore: “Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind” (Rom.12:2).

13. Temperaments – Independent of the kind of fundamental personality type you assume for yourself, if choleric, sanguine, phlegmatic, or melancholic, what matters is that you allow the Holy Spirit to produce His fruit in you: “Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control” (Gal. 5:22.23).

14. New Identity – “Yet to all who received him, to those who believed in his name, he gave the right to become children of God” (Jn. 1:12). Amazing!! Praise the Lord! It is through humble faith, by accepting the gift of salvation through the atoning death of Christ on the cross, that we receive the new identity as Children of God.

15. Weakness becomes power – “My grace is sufficient for you for my power is made perfect in weakness. Therefore, I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me” (2 Co. 12:9). Our weaknesses are God’s opportunities to show His power! Praise Him therefore no matter what!

16. Crumbling Foundations – “Dear God, human foundations are crumbling. There is nothing in this world upon which to depend. What hope is there for me? I know that You are the Almighty God—unbreakable and unshakeable. Therefore, I will build my life upon You. Thank You, Lord Jesus, for being my firm foundation!” (Ps. 11:3).

17. The secret for living – “I have been crucified with Christ and I no longer live, but Christ lives in me. The life that I live in the body, I live by faith in the Son of God, who loved me and gave himself for me” (Gal. 2:20). The secret to living the Christian life is to allow Christ to live in and through us. Listen to His Word and seek Him in prayer.

18. Performance – “Dear God, my performance problems have continued even though I have been saved. I thought I had to do good. I understand that You are the Source of all goodness. Now I realize that You live in me to perform Your good works through me. Thank You for solving my performance problem!” (Php.1:6).

19. God keeps his promise – “Dear Lord, You are the Almighty God so nothing is too hard for you. You took care of Abraham, just as You promised. You have also promised to take care of me, although this is sometimes hard for me to believe that You will. Strengthen my faith to believe You despite the obstacles” (Rom. 4:21).

20. God is faithful – “Heavenly Father, Your track record of faithfulness is impeccable. You always keep your word. You do what you say. But sometimes I falter and fail. But, even when I am unfaithful, you remain faithful. Truly, I can trust

you with my life. Cause me to trust you regardless of my human senses" (1 Th. 5:24).

21. God's love – "Father God, thank you for loving me so much. Your Word tells me how You sent Jesus Christ to die for me so that You might give Yourself to me so that You could live Your life through me. Cause me to realize, believe, and receive Your unconditional love. Then I will be able to live and love through You!" (1Jn. 4:9).

22. Cowards, faithless – The prince of this world is the adversary of God's truth. Jesus called him a Liar from the beginning. It's so much easier to avoid confrontation when God's truth and his lies clash. But the Bible warns us. We must take a position. "But the cowardly, the unbelieving, ...their place will be in the fiery lake." (Rev. 21:8)

23. Lack of knowledge – "My people are destroyed from lack of knowledge. Because you rejected knowledge, I also reject you as my priest" (Hos. 4:6). As Israel in the past, so today each Christian is called to be God's representative to a world in need. Be a man of prayer, study Scripture, and live and share God's truth.

24. Shepherds – "Woe to the shepherds who take care only of themselves! Should not shepherds take care of the flock?" (Eze. 34:2b) Shepherds are leaders who have oversight of the flock. As husbands and fathers, we have been given the responsibility to care for our wives and children. Be a man who meets God's approval.

25. Godly men – "Help, Lord, for the godly are no more; the faithful have vanished from among men" (Ps. 12:1). Recently a dear, godly friend passed away and I was reminded of this word from David about 1000 years BC. There are so few who are men of integrity and who live their faith, whatever the cost. Pray to be a godly man!

26. Guidance – To instruct "a child in the way he should go" requires perseverance and patience (Prv. 22:6). As parents we need grace and wisdom to bring up our children in the fear of the Lord so that even when they get older, they won't stray from the path. Thank you, Lord, that we can count on your help.

27. Sustenance – "For you shall eat of the labor of your hands; you shall be happy, and all shall be well with you" (Ps.128:2). Let's pray for the men who are unemployed. We intercede today that doors may open for them with decent work. So that they will be able to provide adequate sustenance for their families.

28. Wife – Faithfulness, purity, and dignity seem to be words in disuse. But for the Christian husband, the biblical teaching applies: "Rejoice in the wife you have had from youth" (Prv. 5:18). Lord, thank you for your Spirit who warns us and helps us to overcome temptations and honor our wives.

29. Children – "Children's children are a crown to the aged, and fathers are the pride of their children" (Prv. 17:6). Healthy coexistence between generations in the same family is the fruit of a relationship that is cultivated over the years. Heavenly Father, teach us as fathers to be wise and the point of balance in our families.

30. Worship – "I rejoiced when they said to me, let us go to the house of the LORD" (Ps.122:1). King David rejoiced when he was invited to worship the Lord with the rest

of God's children. Churches need men who go and invite their families to worship the Lord together. Lord, may I inspire others to celebrate the Lord with me.

31. Assume — ~~"Be an example to the believers in word, behavior, love, faith, and purity" (1 Tim. 4:12). Timothy is exhorted to take his stand and show how the Christian's life should be. Lord, grant me the courage to be your witness and to always live in a way worthy of you in spite of culture and political pressure.~~