

## 2023 年男士祷告日历 -12 月

### 12 月 1 日

**每个人**-有些人倾向于认为，除非他们能够站在讲台上，或者作为宣教士到海外去宣教，否则他们能为主做的事情并不多。他们大错特错了。感谢神，每个人都能够以这样或那样的方式在神的葡萄园里工作。腓立比书 4 章 13 节说：「我靠着那加给我力量的，凡事都能做。」

### 12 月 2 日

**一切荣耀归于神**-我们在天上的父经常使用我们认为没有价值或不值一文的东西。通过这样做，祂一次又一次地证明，无论我们取得什么样的成就，背后都有祂的支持。今天，感谢神，祂将以这样或那样的方式使用你，将荣耀归给祂的名。

### 12 月 3 日

**好主人**-服侍我们的主不是一个负担。祂要求于你的是要你顺从祂的话语，而当祂给你机会去担任祂的使者的时候，你都得随时待命。提摩太后书 4 章 2 节说：「务要传道，无论得时不得时总要专心，并用百般的忍耐、各样的教训责备人，警戒人，劝勉人。」

### 12 月 4 日

**黑暗**-超过七千个族群，将近三十亿的人口，仍然生活在灵性的黑暗中。到目前为止，还没有人向他们介绍世界之光，就是耶稣。祈求神向你显明，你可以如何改变这些族群中的一个。马太福音 28 章 19 节说：「所以，你们要去，使万民作我的门徒，奉父、子、圣灵的名给他们施洗。」

### 12 月 5 日

**向神活**-「亲爱的神啊，感谢祢让我知道，当基督死在十字架上的时候，我也与祂一同死去。基督在十字架上打败了撒旦。因此，在接受基督之后，撒旦这个罪的源头就从我的生命中除掉了。感谢祢，我可以算作向罪死，向神活了！」罗马书 6 章 10 和 11 节说：「他死是向罪死了，只有一次；他活是向神活着。这样，你们向罪也当看自己是死的；向神在基督耶稣里，却当看自己是活的。」

### 12 月 6 日

**十字架的荣耀**-「啊，神啊，感谢祢，通过在十字架的工作，我在亚当里的旧人已经死了，消失了，我与基督同死，我不再属于这个世界，基督是我生命的源头。因此，这世界的事物对我不再有影响。赞美神，我已经与基督同钉十字架了。」加拉太书 6 章 14 节说：「但我断不以别的夸口，只夸我们主耶稣基督的十字架；因这十字架，就我而论，世界已经钉在十字架上；就世界而论，我已经钉在十字架上。」

12月7日

**向肉体死-**「亲爱的神啊，我知道因为我将自己交给基督，我现在属于祂。祂改变我成为一个新造的人，有新的渴望。由于我已经与基督同钉十字架，我不在肉体里面，我现在在圣灵里面了。圣灵啊，我信靠祢引导我的欲望，并且控制我的食欲。」加拉太书 5 章 24 节说：「凡属基督耶稣的人，是已经把肉体连肉体的邪情私欲同钉在十字架上了。」

12月8日

**生活的能力-**「啊，主啊，感谢祢通过每一个错误和失败提醒我，我的肉体是软弱的。我的身体仅仅是一个属土的器皿。虽然我有天分和能力，但我仍然无力生活，无力去过丰盛、得胜的生活。主耶稣啊，求祢教我如何利用基督在我心中的这一个荣耀的宝藏。」哥林多后书 4 章 7 节说：「我们有这宝贝放在瓦器里，要显明这莫大的能力是出于神，不是出于我们。」

12月9日

**确实的自由-**「主耶稣啊，感谢祢通过祢在十字架上的牺牲释放了我。祢使我自由，为的是让我自由地生活。我不仅摆脱了撒旦的辖制，还自由地走在新生命中。因此，求祢使我敬虔地在我的主耶稣基督里面活着。哈利路亚，我确实是自由的！」加拉太书 5 章 1 节说：「基督释放了我们，叫我们得以自由。所以要站立得稳，不要再被奴仆的轭挟制。」

12月10日

**婚姻誓言-**在主面前，婚姻是一个盟约，一个终生不变的约定。诗篇 116 篇 14 节说：「我要在祂众民面前向耶和华还我的愿。」求主帮助男士们信守对妻子的承诺，以此荣耀主，他们的神！

12月11日

**传承-**愿我们作为父亲的，能够像列王记上 2 章 2 和 3 节的记载中，大卫对所罗门说的那样，对我们的孩子和周围的人说：「我现在要走世人必走的路。所以，你当刚强，作大丈夫，遵守耶和华——你神所吩咐的，照着摩西律法上所写的行主的道，谨守祂的律例、诫命、典章、法度。这样，你无论做什么事，不拘往何处去，尽都亨通。」主啊，求祢兴起一代忠于祢话语的男士！

12月12日

**对比-**文化对人有麻木的影响。人的属灵生命被许多诱惑麻木了。以弗所书 5 章 14 节说：「你这睡着的人，当醒过来，从死里复活，基督就要光照你了！」听这个呼唤！祈求主让基督活泼的同在成为你在黑暗世界中的明灯。

## 12月13日

**独自一人**-作为基督徒男士，你有时候会在你的文化中感到孤独。以利亚面对不信神的君王的时候，就遇到过这种情况。但是神还有成千上万没有向其他神明屈膝的人。列王记上 19 章 18 节说：「但我在以色列人中为自己留下七千人，是未曾向巴力屈膝的，未曾与巴力亲嘴的。」感谢主的圣灵在你里面，感谢主祂今天兴起一众男士们成为祂的见证人。

## 12月14日

**坚定不移**-叫人屈服于诱惑的引诱是非常强烈的。许多人容让婚姻破裂，把孩子们的教育放到后面去，放弃与毒瘾和罪恶斗争……。但主警告我们要「至死忠心」。启示录 2 章 10 节说：「你将要受的苦你不用怕。魔鬼要把你们中间几个人下在监里，叫你们被试炼，你们必受患难十日。你务要至死忠心，我就赐给你那生命的冠冕。」因此，男士们，绝不要放弃，这个斗争是值得的！

## 12月15日

**要简短**-马太福音 6 章 7 和 8 节说：「你们祷告，不可像外邦人，用许多重复话，他们以为话多了必蒙垂听。你们不可效法他们；因为你们没有祈求以先，你们所需用的，你们的父早已知道了。」让我们通过简短而尖锐的祷告，在祷告团契中互相鼓励。

## 12月16日

**感谢和赞美**-诗篇 103 篇 2 节说：「我的心哪，你要称颂耶和华，不可忘记他的一切恩惠。」赞美使我们聚焦在神身上，感谢以喜乐充满我们的心。不论环境如何，要相信主有能力做得比你所要求的还多。以你的信靠来尊崇祂。

## 12月17日

**丰富的祝福**-罗马书 8 章 32 节说：「神既不爱惜自己的儿子，为我们众人舍了，岂不也把万物和祂一同白白地赐给我们吗？」为了神无法形容的恩赐感谢祂，并且随时与他人分享。

## 12月18日

**分享**-希伯来书 13 章 16 节说：「只是不可忘记行善和捐输的事，因为这样的祭是神所喜悦的。」当我们允许神的爱充满我们的心思意念的时候，我们便开始透过祂的眼睛看其他人。这样，我们就能够履行「爱人如己」的命令，慷慨地分享祂的祝福。

12月19日

**信实**-帖撒罗尼迦后书 3 章 3 节说：「但主是信实的，要坚固你们，保护你们脱离那恶者。」因为神以信实待我们，所以无论我们在什么样的境况，都要以信实对待我们的配偶，如此，便祝福我们的下一代。

12月20日

**当一名宣教士**-感谢神赐给我们参与世界宣教的机会。有些人到海外当宣教士；其他人奉献支持宣教机构；并且每个人都可以为神的国度降临来祷告，又为基督作见证。马太福音 6 章 9 和 10 节说：所以，你们祷告要这样说：「我们在天上的父，愿人都尊你的名为圣。愿你的国降临。愿你的旨意行在地上，如同行在天上。」

12月21日

**机会**-歌罗西书 4 章 5 节说：「你们要爱惜光阴，用智慧与外人交往。」祈求主让你知道神给你机会，去带领其他人更亲近祂，并且为自己祈祷，让自己有勇气充分利用任何机会分享福音。

12月22日

**传给人**-身为耶稣的跟随者，你将得到与祂一起得永生的应许。感谢祂，让你现在有了福音，并将它传递给其他人。你是回家路上的朝圣者，利用一切机会邀请其他人与你一起踏上天堂之路吧。约翰一书 1 章 3 节说：「我们将所看见、所听见的传给你们，使你们与我们相交。我们乃是与父并祂儿子耶稣基督相交的。」

12月23日

**贴近**-耶稣应许赐给我们活水。如果你在别的地方寻找快乐，有一天，你会发现你一直饮用的，是无法存水的破裂池子。耶利米书 2 章 13 节说：「因为我的百姓做了两件恶事，就是离弃我这活水的泉源，为自己凿出池子，是破裂不能存水的池子。」祈求神帮助你，时刻贴近祂，倚靠祂。

12月24日

**没有地方**-路加福音 2 章 7 节说：「就生了头胎的儿子，用布包起来，放在马槽里，因为客店里没有地方。」简直难以置信！宇宙的创造主决定以二等公民的身分，进入这个世界。基督诞生在一个完全简朴和默默无闻的环境中。「主啊，请帮助我认识并寻求那在祢眼中真正重要的价值。」

12月25日

**属神的恐惧**-路加福音 2 章 9 节说：「有主的使者站在他们旁边，主的荣光四面照着他们；牧羊的人就甚惧怕。」牧羊人先是被神的荣耀所震撼，但是，当他们发现救主之后，就把好消息传开了。「主啊，请再次教导我对神的敬畏，然后让我成为祢救恩的使者。」

12月26日

**神立定**-路加福音 2 章 14 节说：「在至高之处荣耀归与神！在地上平安归与他所喜悦的人！」圣经告诉我们，神救赎的计划从亘古就已经立定。今天，祂邀请每一个人，通过祂的圣灵来寻求祂。「主啊，求祢使我成为一个能够给祢带来荣耀的人，成为祢所宠爱的人。」

12月27日

**公义和虔诚**-路加福音 2 章 25 节说：「在耶路撒冷有一个人，名叫西面；这人又公义又虔诚，素常盼望以色列的安慰者来到，又有圣灵在他身上。」神拥抱那些顺服于祂，并首先寻求神国度的人。「主啊，请帮助我分辨在祢眼中看为正的事，并帮助我有意愿去做。」

12月28日

**和平之剑**-路加福音 2 章 35 节说：「叫许多人心里的意念显露出来；你自己的心也要被刀刺透。」神差遣祂的儿子，通过祂在十字架上的替罪之死，把世人从撒旦、罪恶和死亡的权势下拯救出来。马利亚以一种独特的方式感受到了那一剑所带来的剧痛。「主啊，感谢祢为我受苦，并且为我而死！」

12月29日

**父亲的家**-路加福音 2 章 49 节说：「岂不知我应当以我父的事为念吗？」耶稣知道祂的使命，并且像我们一样，在凡事上都受过试探，但是祂没有犯罪。从很早开始，祂就选择完全顺服于天父。同样，基督的门徒也被要求为祂而活。约翰福音 6 章 57 节说：「永活的父怎样差我来，我又因父活着，照样，吃我肉的人，也要因我活着。」「主啊，请让我成为一个热衷于为祢而活的人！」

12月30日

**均衡的增长**-路加福音 2 章 52 节说：「耶稣的智慧和身量，并神和人喜爱他的心，都一齐增长。」神创造了自然界的生长过程，凡事祂都有时间和方法。均衡的属灵成长过程的结果，就是爱神爱人。「主啊，求祢让我成为一个祢可以透过我去爱我的家人和邻舍的人！」

12月31日

**预备道路**-路加福音 3 章 4 节说：「正如以赛亚先知书上所记的话：在旷野有声音呼喊说：预备主的道，修直他的路！」这就是施洗约翰在弥赛亚降临时宣告。今天，每一个凭着信心接受耶稣为救主的人，都被呼召去宣讲福音。「主啊，请帮助我在未来的一年，成为祢忠心的见证人！」

## CA mpc December 2023

**1. Everybody** – Some people tend to think that unless they can stand on a pulpit, or travel overseas as a missionary, there is not much they can do for the Lord. They couldn't possibly be more wrong. Thank God that everybody can work in Gods vineyard, in one way or another. (Php 4:13)

**2. All glory to God** – Our heavenly Father often uses what we consider worthless or of little value. By doing this he demonstrates again, and again that He is behind whatever accomplishments we might have. Thank God today that he, in one way or another, will use you to give glory to His name (Ps 115:1).

**3. A good master** – Serving our Lord is not a burden. All he wants from you is that you are obedient to his word, and that you are available when he is giving you an opportunity to be his ambassador (2Ti 4:2).

**4. Darkness** – More than 7 000 ethnic groups, with nearly 3 billion people, are still living in a spiritual darkness. Nobody has so far told them about Jesus, the light of the world. Pray that God will show you how you can make a difference for one of these people groups (Mat 28:19).

**5. Alive unto God** - “Dear God, thank you for showing me that when Christ died upon the cross, I died with Him. Christ defeated Satan upon the cross. Therefore, upon receiving Christ, Satan—the source of sin—was removed from my life. Thank you that I can count myself to be dead to sin and alive unto God!” (Ro 6:10-11)

**6. The glory of the Cross** - “Oh God, thank you that through the work of the cross the old person I was in Adam is dead and gone. I died with Christ, I am no longer of this world. Christ is the Source of my life. Therefore, the things of this world have no more hold over me. Praise God, I have been crucified with Christ.” (Gal 6:14)

**7. Dead to the Flesh** - “Dear God, I realize that because I gave myself to Christ, I now belong to Him. He changed me into a new creation with new desires. As a result of being crucified with Christ, I am no longer in the flesh; I am now in the Spirit. Holy Spirit, I trust you to guide my desires and control my appetites.” (Gal 5:24)

**8. Power for Living** - “Oh Lord, thank you for reminding me through every fault and failure that my flesh is weak. My body is just an earthen vessel. In spite of all my talents and abilities, I am still powerless to live life—the abundant, victorious life. Lord Jesus, show me how to tap into this glorious treasure of Christ within me. (2 Co 4:7)

**9. Free indeed** - “Lord Jesus, thank you for liberating me through your death upon the cross. You made me free in order that I might live free. Not only am I free from Satan's dominion, but also, I am free to walk in newness of life. Therefore, cause me to live godly in Christ Jesus my Lord. Hallelujah, I am free indeed!” (Gal 5:1)



**10. Marriage Vow** - Marriage is a covenant, before the Lord. An agreement that lasts a lifetime. "I will fulfill my vows to the Lord in the presence of all his people" (Ps 116:14). Pray that men keep their commitment to their wives, and in this way honor the Lord, their God!

**11. Legacy** - As fathers, may we say to our children, and to the men around us, what David said to Solomon: "Be strong, show yourself a man, and observe what the Lord your God requires: Walk in his ways, and keep his decreed and commands" (1Ki 2:2,3) "Lord, please raise up a generation of men faithful to your Word!"

**12. Contrast** - Culture has a numbing effect on people. Man's spiritual life is numbed by the many offers and temptations. "Wake up, O sleeper, rise from the dead, and Christ will shine on you" (Eph 5:14). Hear the call! Ask the Lord for the living presence of Christ to be your light amid a dark world.

**13. Alone** – As a Christian man you will at times feel alone in your culture. It happened to Elijah when he faced the godless king. But God had thousands of others who had not bowed the knee to other gods. (1 Ki 19:18) Thank the Lord for the presence of His Spirit in you and for the men he raised today as his witnesses.

**14. Without wavering** - To lure to give in to temptation is very strong. So many are allowing marriages to break down, children's education to take a back seat, to give up the fight against an addiction and sin... The Lord warns: "Be faithful, even to the point of death" (Rev 2:10). Therefore man, never give up. It's worth the fight!

**15. Be brief** – "And when you pray, do not keep on babbling... because your Father knows what you need before you ask him" (Mt 6:7,8). Let's encourage each other in our prayer fellowship through our brief and pointed prayers.

**16. Thanks and Praise** – "Praise the Lord, O my soul, and forget not all his benefits" (Ps 103:2). Praise keeps our focus on God and Thanksgiving fills our heart with joy. Whatever the circumstances believe that the Lord is able to do more than you can even ask about. Honor Him with your trust.

**17. Richly blessed** – "He who did not spare his own son, but gave him up for us all – how will he not also, along with him, graciously give us all things?" (Ro 8:32). Thank God for His indescribable gift and be ready to share it with others.

**18. Sharing** – "And do not forget to do good and to share with others, for with such sacrifices God is pleased" (Heb 13:16). As we allow for God's love to fill your hearts and minds, we start seeing others through His eyes. This way we will be able to fulfill the mandate to love others as ourselves and generously share his blessings.

**19. Faithfulness** – "But the Lord is faithful, and he will strengthen and protect you from the evil one" (2Th 3:3). Because of God's faithfulness to us, we are able in whatever the circumstances, to be faithful to our spouses and therefore bless the next generation.

**20. Be a missionary** – Thank God for the opportunity to participate in world missions. Some travel overseas as missionaries; others give and support mission organization; and everybody can pray that the kingdom of God will come and be a witness for Christ. (Mat 6:9-10)

**21. Opportunities** – “Be wise...make the most of every opportunity” (Col 4:5) Pray that you will be aware of the opportunities God is giving you to bring other people closer to him and pray for courage to make the most out of any given opportunity to share the Gospel.

**22. Pass it on** – As a follower of Jesus you are promised eternal life together with Him. Give him thanks that you have now the Good News to live by and to pass it on to others. You are a pilgrim on the way home. Take every opportunity to invite others to join you on your way to heaven (1 John 1:3).

**23. Stay close** – Jesus promised to give us living water. If you search for happiness elsewhere, you will one day find out that you have been drinking from broken cisterns that cannot hold water (Jer2:13). Pray that God will help you to always stay close and depend on Him.

**24. No room** – “Because there was no room for them in the inn” (Lk 2:7). Simply unbelievable! The creator of the universe decided to enter the world as a second-class citizen. Christ was born in midst of utter simplicity and anonymity. – “Lord, please help me to recognize and seek the values that really matter in your eyes.”

**25. Godly terror** – “An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified” (Lk 2:9). The shepherds were first shocked by the glory of God, but after they found the savior, they spread the Good News. – “Lord, please teach me again the fear of God and then make me a messenger of your salvation.”

**26. God ordained** – “Glory to God in the highest, and on earth peace to men on whom his favor rests” (Lk 2:14). Scripture tells us that God’s plan of salvation was ordained from eternity. Today he invites everyone through his Holy Spirit to seek Him. – “Lord, please make me to a man who brings you glory and on whom your favor rests.”

**27. Righteous and devout** – “Now there was a man in Jerusalem called Simon, who was righteous and devout” (Lk 2:25). God includes men who are submitted to Him and who seek the concerns of God’s Kingdom first. – “Lord, please help me to discern what is right in your eyes and the will to do it.”

**28. A sword for peace** – “The thoughts of many hearts will be revealed. And a sword will pass your soul” (Lk 2:35). God sent his Son to redeem the world from the power of Satan, sin, and death through his substitutionary death on the cross. Mary felt the excruciating pain of that sword in a unique way. – “Lord thank you for suffering and dying for me as well!”

**29. The father’s house** – “Didn’t you know that I had to be in my Father’s house” (Lk:49)? Jesus knew of his mission and while tempted in everything as we are, he sinned not. From



early on he chose to fully submit to His Father. In the same way Christ's disciples are asked to live for him (Jn 6:57) – "Lord, please make me to a man whose passion is to live for you!"

**30. Balanced growth** – "And Jesus grew in wisdom and stature, and in favor with God and men" (Lk 2:52). God established the process for growth in nature. He has a time and a way for everything. The result of balanced spiritual growth process is to love God and to love men. – "Lord, make me to a man through whom you can love my family and neighbors."

**31. Preparing the way** – "A voice of one calling in the desert, prepare the way for the Lord, make straight paths for him" (Lk 3:4). At His advent John the Baptist announced the Messiah. Today everyone who by faith accepts Jesus as his savior is called to proclaim the Gospel. – "Lord, please help me in the coming year to be a faithful witness for you!"