

2023 年男士祷告日历 -11 月

11 月 1 日

有福-耶稣在马太福音 5 章 3 节说：「虚心的人有福了！因为天国是他们的。」为男士们祷告，让他们认识到，自己在与主建立重要关系之外，属灵上他们是贫穷的，然后去追求不断加深地认识祂，那份属天同在的丰富。

11 月 2 日

哀恸-耶稣在马太福音 5 章 4 节说：「哀恸的人有福了，因为他们必得安慰。」为男士们祷告，让他们为自己的罪哀恸，并看见罪是对神的冒犯；然后在忏悔和悔改中，接受祂满有安慰的宽恕。

11 月 3 日

温柔-耶稣在马太福音 5 章 5 节说：「温柔的人有福了！因为他们必承受地土。」为男士们祷告，让他们愿意受教，温柔，乐于接受主和敬虔导师们的教导。祈求骄傲的男士们能在神大能的手下谦卑自己。

11 月 4 日

饥饿-耶稣在马太福音 5 章 6 节说：「饥渴慕义的人有福了！因为他们必得饱足。」男士们经常试图用错误的东西填满他们心灵的空洞。为男士们祷告，让他们渴慕神并且被祂和祂的公义充满。

11 月 5 日

怜恤-耶稣在马太福音 5 章 7 节说：「怜恤人的人有福了！因为他们必得怜恤。」为男士们祷告，让他们对他们的家庭与同工们有一颗温柔、怜恤的心。为男士们祷告，与其寻求报复，不如以宽恕人的心，并且以希望别人对待自己的罪一样的仁慈，来对待别人的罪。

11 月 6 日

代求-路加福音 22 章 32 节说：「但我已经为你祈求，叫你不至于失了信心。」这是耶稣对彼得说的话。真令人惊讶，耶稣为祂的门徒祷告！当我们为他人祷告的时候，我们就与祂联合。

11 月 7 日

爱神-耶稣三次问彼得：「你爱我吗？」约翰福音 21 章 15 到 17 节记载了他们之间的对话，经文说：「¹⁵他们吃完了早饭，耶稣对西门彼得说：约翰的儿子西门，你爱我比这些更深么？彼得说：主阿，是的，你知道我爱你。耶稣对他说：你喂养我的小羊。¹⁶耶稣第二次又对他说：约翰的儿子西门，你爱我么？彼得说：主阿，

是的，你知道我爱你。耶稣说：你牧养我的羊。¹⁷第三次对他说：约翰的儿子西门，你爱我么？彼得因为耶稣第三次对他说你爱我么，就忧愁，对耶稣说：主阿，你是无所不知的；你知道我爱你。耶稣说：你喂养我的羊。」然后，祂复兴彼得，没有指责他。耶稣的问题：「你爱我吗？」是果断地呼召彼得，也同样果断地呼召你和我来服侍祂。

11月8日

相交-约翰一书1章7节说：「我们若在光明中行，如同神在光明中，就彼此相交，他儿子耶稣的血也洗净我们一切的罪。」这是真正相交的关键。让我们在光明中前行，成为祂身体中被救赎的肢体。

11月9日

管家-当我们与耶稣同住的时候，一切都不再属于我们。我的房子、金钱和身体都不属于我，一切都属于耶稣，但是，我可以使用和享受，并且成为一个好管家听从神的吩咐。使徒行传第4章32节说：「许多信的人都是一心一意的，没有一人说他的东西有一样是自己的，都是大家公用。」

11月10日

男子气概-哥林多前书16章13节说：「你们务要警醒，在真道上站立得稳，要作大丈夫，要刚强。」圣经为我们男士们规定的价值观是警醒、可靠、忠诚和刚强。神希望帮助我们培养这些品格，成为合乎祂心意的人。

11月11日

活着就是基督-亲爱的主啊，求祢显明我在基督里的身份，让我看见自己如同祢看见我那样。祢眼中的我就是祢创造的我，一个在基督里活着的新造的人，那是真实地活着。求祢使我带着「死了就有益处」的自信，勇敢地面对死亡。腓立比书1章21节说：「因我活着就是基督，我死了就有益处」。

11月12日

终极改造-啊，神啊！我非常感激祢，因为我不必再试图改变自己的生活了，现在我已经接受了基督，祢从里到外地改变了我。感谢祢，我很荣幸能用我的旧生命换取祢荣耀的新生命。祢让我焕然一新，与基督合二为一。哥林多后书5章17节说：「若有人在基督里，他就是新造的人，旧事已过，都变成新的了。」

11月13日

死亡：进入生命之门-亲爱的主啊，我相信祢的道路是最好的道路，求祢赐给我恩典，让我的人生走祢的路。当祢死在十字架上的时候，我在亚当里自私的老我生命结束了，我接受与祢一同死在十字架上，我释放了

老我的生活。为着这个在基督里美丽的新生命，我感谢祢！马太福音 16 章 24 节说：「於是耶穌對門徒說：若有人要跟從我，就當捨己，背起他的十字架來跟從我。」

11 月 14 日

徒劳无功-亲爱的天父，我一直为祢努力工作，但是我认识到我属肉体的勤劳是徒劳无功的，现在我发现祢的国度是属天的国度，并且祢说过只有我属灵的勤劳永远不会徒然。感谢祢容许我与主成为同工！诗篇 127 篇第 1 节说：「若不是耶和华建造房屋，建造的人就枉然劳力；若不是耶和华看守城池，看守的人就枉然儆醒。」

11 月 15 日

在主里安息-亲爱的主啊，我已经尝试为祢而活，但是我一再失败。我非常疲累，不想再尝试了。祢邀请我来到祢跟前，感谢祢，自从我接受了基督，我与祢神圣地结合在一起。因此，我现在安息在祢的怀抱里，祢成为我重担的背负者。马太福音 11 章 28 到 30 节说：²⁸凡劳苦担重担的人可以到我这里来，我就使你们得安息。²⁹我心里柔和谦卑，你们当负我的轭，学我的样式；这样，你们心里就必得享安息。³⁰因为我的轭是容易的，我的担子是轻省的。

11 月 16 日

真正的成功-约书亚记 1 章 8 节说：「这律法书不可离开你的口，总要昼夜思想，好使你谨守遵行这书上所写的一切话。如此，你的道路就可以亨通，凡事顺利。」永久而圆满的成功往往是超过物质和人的征服能达到的。因此，作个追求神话语的男士吧；默想它，按着神话语的永恒价值来生活吧。

11 月 17 日

正常的基督徒生活-提摩太后书 3 章 12 节说：「不但如此，凡立志在基督耶稣里敬虔度日的，也都要受逼迫。」福音的绝对性与今天对享乐和相对主义日益增长的崇拜是对立的。当基督的跟随者受到逼害成为新常态的时候，祈求主使我们能够站立得稳。

11 月 18 日

能力-哥林多后书 3 章 5 节说：「并不是我们凭自己能承担甚么事，我们所能承担的，乃是出于神。」让我们永远不要忘记基督徒的生活就是基督的生活。只有祂在我们里边和透过我们才能活出基督徒的生活。因此，要抵挡做事独断独行的冲动，谦卑地顺服神的旨意。

11月19日

挣扎-希伯来书 12 章 4 节说：「你们与罪恶相争，还没有抵挡到流血的地步。」因为基督在十字架上流出祂的宝血，我们得以从罪的刑罚中被释放出来。祈求主帮助我们，随时抵挡诱惑，而且把自我生命中最后的抵挡也交给祂。

11月20日

审判官-使徒行传 10 章 42 节下说：「……證明他是神所立定的，要作审判活人、死人的主。」基督来到这个世界是为了拯救它。当主给你机会去传扬好消息的时候，祈求祂帮助你做好准备。但是，也要准备好去警惕那些抵挡的人，因为对非信徒来说，祂将是审判官。

11月21日

最后定论-约伯记 19 章 25 节说：「我知道我的救赎主活着，末了必站立在地上。」不要敬佩那些说话最大声、追随者最多或政治影响力最大的人。这个世界的国度将会过去，要集中焦点在我们即将来到和永恒的君王——主耶稣基督——的身上。

11月22日

作盐作光-马太福音第 5 章 13 节说：「你们是世上的盐。盐若失了味，怎能叫他再咸呢？以后无用，不过丢在外面，被人践踏了。」基督呼召祂的门徒作生命和带来更新的中介人。祈求主赐下基督的光，使祂今天通过你去发光。

11月23日

疾病-约翰福音 11 章 4 节记载耶稣的话，说：「这病不至于死，乃是为神的荣耀，叫神的儿子因此得荣耀。」药物和健康的生活可以延长我们在地上的年日，但不会是永远。只有耶稣赐下永恒的生命。如果你属于祂，你永远不会惧怕。感谢祂，因为祂时刻与你同在，并且甚至使用疾病来荣耀神。

11月24日

独处-马可福音 1 章 35 节说：「次日早晨，天未亮的时候，耶稣起来，到旷野地方去，在那里祷告。」没有人比耶稣的责任更大、议程更重要。主啊，我要先来寻求祢；容让我听到祢的声音。我要为祢而活，遵行祢的旨意！

11月25日

清洁的虔诚-雅各书 1 章 27 节说：「在神我们的父面前，那清洁没有玷污的虔诚，就是看顾在患难中的孤儿寡妇，并且保守自己不沾染世俗。」神

眷顾孤儿和寡妇，他们经历失去亲人、分离、容易受伤和死亡的剧痛。容让祂使用你去展现你的纯正信仰。

11月26日

说诚实话-以弗所书 4 章 15 节说：「惟用爱心说诚实话，凡事长进，连于元首基督。」基督并神的话语是我们世界所需要的真理。当你让基督活在你的心中，并通过你活在你的家里，和这个需要帮助的世界里的時候，祈求主使你成为祂真理的见证人，满有智慧和爱心。

11月27日

社交-生活虽然忙碌，但最终大家都希望能有一个愉快的家人相聚时光，但困难、不受控制的脾气和缺乏忍耐会扰乱家里的和平。箴言 15 章 1 节说：「回答柔和，使怒消退；言语暴戾，触动怒气。」主啊，求祢帮助我去促进家里有一个健康的环境。

11月28日

倚靠-父亲对他的孩子所说的话决定他们生命的旅程。箴言 22 章 19 节记载那个智者教导他儿子的话，说：「我今日以此特特指教你，为要使你倚靠耶和華。」主啊，愿我的教导鼓励我的子女来倚靠祢的话语，并跟随我的榜样。

11月29日

美好的仗-哥林多后书 10 章 4 节说：「我们争战的兵器本不是属血气的，乃是在神面前有能力，可以攻破坚固的营垒。」话语并不总能让人信服，尤其是当我们必须与世俗的意识形态和教义争战的时候，而我们的孩子每天都接触这些意识形态和教导。主啊，求祢帮助我保护我所爱的子女远离邪恶的影响。

11月30日

服侍-婚姻生活不是权力的较量，而是要有仆人的精神，谦卑地顺服主耶稣本人。以弗所书 5 章 21 节说：「又当存敬畏基督的心，彼此顺服。」愿我们作为男人的对我们的妻子存正确的态度，服侍她们，因而彰显在我们里面的基督的生命。

CA men's prayer calendar November 2023 – FINAL VERSION

1. Blessed - Jesus said: "Blessed are the poor in spirit, for theirs is the Kingdom of Heaven" (Matt. 5:3). Pray for men to recognize their spiritual poverty outside of a vital relationship with the Lord and to pursue a deepening sense of the richness of His heavenly presence.

2. Mourning - Jesus said: "Blessed are those who mourn, for they shall be comforted" (Matt. 5:4). Pray for men to mourn over their sin and see it as an offense to God; then, in confession and repentance, receive His comforting forgiveness.

3. Meekness - Jesus said: "Blessed are the meek, for they shall inherit the earth." (Matt. 5:5) Pray for men to be teachable and gentle, open to the teaching of the Lord and godly mentors. Pray that proud men will humble themselves under the mighty hand of God.

4. Hunger - Jesus said: "Blessed are those who hunger and thirst after righteousness, for they shall be filled." (Matt. 5:6) Men often try to fill the void of their hearts with wrong things. Pray for men to hunger and thirst for God and to be filled with Him and His righteousness.

5. Mercy - Jesus said: "Blessed are the merciful, for they shall obtain mercy." (Matt. 5:7) Pray for men to have a gentle heart of mercy towards their families and co-workers. Instead of seeking revenge, pray for men to have forgiving hearts and to treat others' sins with the same mercy they want others to treat their own sins.

6. Intercession – "But I have prayed for you, that your faith may not fail" (Luke 22:32). These are the words of Jesus to Peter. Amazing, Jesus prays for his disciples! When we pray for others, we are in union with Him.

7. Loving God – Jesus asked Peter three times, "Do you love me?" (John 21:15-17) Then, He restores Peter without accusation. Jesus' question: "Do you love me?" was decisive to enlist Peter and is decisive to enlist you and me into His service.

8. Fellowship – "But if we walk in the light, as He is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin" (1 John 1:7). This is the key for true fellowship. Let's walk in the light as redeemed members of His body.

9. Administrators – When we live with Jesus, nothing belongs to us anymore. It no longer is my house, my money, my body. Everything belongs to Jesus, but I can use and enjoy it and be at God's disposal as a good administrator. (Acts 4:32)

10. Manliness – "Be on your guard; stand firm in the faith; be men of courage; be strong. (1 Cor. 16:13) The biblical values for us men are watchfulness, reliability, faithfulness, and strength. God wants to help us develop these character qualities and be men according to His heart.

11. Living is Christ - Dear Lord, show me my identity in Christ. Cause me to see myself as You see me. The way You see me is the way You made me as a new creation—alive in Christ. That’s real and true living. Enable me to boldly face death with the confident assurance that to die is gain. (Phil. 1:21)

12. The ultimate makeover - Oh God, I am so grateful that I no longer must try to change my life. Now that I have received Christ, You have changed me from the inside out. Thank You for the privilege of exchanging my old life for Your glorious new life. You have made me completely new in union with Christ. (2 Cor. 5:17)

13. Death: the gateway to life - Dear Lord, I believe that Your way is the best way. Grant me the grace to go Your way with my life. My old selfish life in Adam ended when You died on the cross. I accept my death with You on the cross. I release my old life. Thank You for this beautiful new life in Christ! (Matt. 16:24)

14. Vain labors - Heavenly Father, I have been working hard for You, but recognize that my fleshly labor is to no avail. I see now that Your kingdom is a heavenly kingdom and You have said that only my spiritual labor is never in vain. Thank You for allowing me to be a co-laborer with the Lord! (Ps. 127:1)

15. Resting in the Lord - Dear Lord, I have really tried to live for You, but I keep failing. I am so weary that I refuse to try anymore. You invite me to come to You. Thank You, that since I received Christ, I am yoked to You in a divine union. So, I now rest in You as my burden bearer. (Matt. 11:28-30)

16. Real success – “Do not let this book of the Law depart from your mouth, meditate on it...Then you will be prosperous and successful” (Josh. 1:8). Permanent and fulfilling success is beyond material and human conquest. Therefore, become a man of the Word; meditate on it and live by His eternal values.

17. The normal Christian life – “In fact everyone who wants to live a godly life in Christ Jesus will be persecuted” (2 Tim. 3:12). The absolutes of the Gospel are opposed to today’s growing worship of pleasure and relativism. Pray to stand firm when the new normal will be the persecution of followers of Christ.

18. Competence – “Not that we are competent in ourselves to claim anything for ourselves, but our competence comes from God” (2 Cor. 3:5). Let’s never forget that the Christian life is the life of Christ. Only He can live it in and through us. Therefore, resist the urge to manage alone and surrender in humble obedience to God’s will.

19. Struggling – “In your struggle against sin, you have not yet resisted to the point of shedding your blood” (Heb. 12:4). Because Christ shed His blood on the cross, we are set free from the penalty of sin. Pray to be ready to resist temptation and to surrender even the last resistance of your self-life to Him.

20. The Judge - “...He is the one whom God appointed as the judge of the living and the dead” (Acts 10:42b). Christ came into the world to save it. Pray to be ready to spread the Good News as the Lord gives you opportunity. But be ready also to warn those who resist because, for the unbeliever, He will be the judge.

21. The last word – “I know that my Redeemer lives, and that in the end he will stand on the earth” (Job 19:25). Don’t be too impressed by those who speak loudest, have the greatest following or biggest political influence. The kingdoms of this world will pass away. Be focused on the Lord Jesus Christ our coming and eternal King.

22. Being salt and light – “You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for nothing, except to be thrown out and trampled by men” (Matt. 5:13). Christ calls His disciples to be agents of life and transformation. Pray for the light of Christ to shine through you today.

23. Sickness – “This sickness will not end in death. No, it is for God’s glory” (John 11:4). Medicine and healthy living can prolong our time on earth but not forever. Only Jesus gives eternal life. If you belong to Him, you must never fear. Thank Him for being with you always and for using even sickness for God’s glory.

24. Solitude – “Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed” (Mark 1:35). Nobody ever had a bigger responsibility and more important agenda than Jesus. Lord, I want to seek You first; allow me to hear Your voice. I want to live for You and do Your will!

25. Pure religion – “Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress” (James 1:27). God cares for orphans and widows who experience the excruciating pain of loss, separation, vulnerability, and death. Allow Him to use you to show the purity of your religion.

26. Speaking truth – “Instead speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ” (Eph. 4:15). Christ and the Word of God are the truth our world needs. Pray to be a wise and loving witness of His truth as you allow for Christ to live in and through you at home and for our world in need.

27. Socializing - Life is hectic, but at the end of the day all desire to have a pleasant family get-together. Difficulties, uncontrolled temper, and lack of patience disturb the peace in the home. "A soft answer turns away wrath, but a harsh word provokes anger" (Prov. 15:1). Lord, help me to promote a healthy environment in my family.

28. Trust - The words spoken by the father to his children can determine their life's journey. The wise man in Proverbs instructs his son: "That your trust may be in the LORD, I teach them to you today." (Prov. 22:19) Lord, may my teaching encourage my children to trust in Your Word and to follow my example.

29. The good fight - "For the weapons of our warfare are not human, but mighty in God to destroy strongholds" (2 Cor. 10:4). Words do not always convince, especially when we must fight against worldly ideologies and teachings, to which our children are exposed daily. Lord, grant me to protect my beloved ones from evil influences.

30. Service - Married life is not a contest of authority but has to do with a servant spirit in humility and subjection to the Lord Jesus Himself. "Submitting yourselves one to another in the fear of Christ" (Eph. 5:21). May we as men have the right attitude towards our wives, serving them, thus demonstrating the life of Christ in us.