

## 2023 年男士祷告日历 -9 月

### 9 月 1 日

**可靠**-箴言 20 章 6 节说：「人多述说自己的仁慈，但忠信人谁能遇着呢？」我们的选择和习惯决定我们的性格。当你允许神掌管你生活的每一个领域时，你的配偶和子女就会感到安全并且信任你的领导。「一个人可以把备用的钥匙留给值得信赖的邻居。」

### 9 月 2 日

**坚韧**-耶利米书 12 章 5 节说：「耶和华说：你若与步行的人同跑，尚且觉累，怎能与马赛跑呢？你在平安之地，虽然安稳，在约但河边的丛林要怎样行呢？」求主赐予勇气，遇到困难的时候不要轻易放弃。与困难斗争吧，做一个勇敢和有信心的人。

### 9 月 3 日

**宽容**-马太福音 6 章 14 和 15 节说：「你们饶恕人的过犯，你们的天父也必饶恕你们的过犯；你们不饶恕人的过犯，你们的天父也必不饶恕你们的过犯。」赞美神，基督为我们在十字架上惨痛的死去，将我们从罪恶中救赎出来。请允许天父宽恕你并欢迎你回家，因为你要宽恕那些得罪你的人。

### 9 月 4 日

**品行端正**-哥林多前书 6 章 18 说：「你们要逃避淫行，人所犯的，无论甚么罪，都在身子以外。惟有行淫的，是得罪自己的身子。」在一个提倡淫乱的文化中，要提高警惕。记住，你的身体是圣灵的殿。你不是自己的，而是属于基督的。第 20 节说：「因为你们是重价买来的，所以要在你们的身子上荣耀神。」

### 9 月 5 日

**活在祂的同在里**-亲爱的主耶稣，我曾经以为我只在事情变得糟糕的时候需要祢，但现在我知道我每时每刻都需要祢。此外，由于祢现在内住在我里面，我意识到我中有祢。感谢祢与我联合，成为一个不可分割的联系，祢的同在永远地住在我里面。罗马书 8 章 9 节说：「如果神的灵住在你们心里，你们就不属肉体，乃属圣灵了。人若没有基督的灵，就不是属基督的。」

### 9 月 6 日

**恩典**-诗篇 143 篇 8 节说：「求你使我清晨得听你慈爱之言，因我倚靠你；求你使我知道当行的路，因我的心仰望你。」每一日都是新的，是神的恩

典和信实，即使是漫长的一天，也永远不会结束。你可以在各方面依靠祂。

### 9月7日

**方向**-诗篇 143 篇 8 节下说：「求你使我知道当行的路，因我的心仰望你。」当你与神交谈的时候，祂将让你知道下一步应该怎么走。奉耶稣的名，你将会能够作出祂已经为你准备了的好事。以弗所书 2 章 10 节说：「我们原是他的工作，在基督耶稣里造成的，为要叫我们行善，就是神所预备叫我们行的。」

### 9月8日

**形象的载体**-创世记 1 章 27 节说：「神就照着自己的形象造人，乃是照着祂的形象造男造女。」男人和女人都带有神的形象。有一点很重要的，要记住，就是当我们互相尊重和服侍的时候，我们这样做是为了荣耀神。

### 9月9日

**特殊的角色**-创世记 2 章 15 节说：「耶和華神將那人安置在伊甸園，使他修理看守。」神的话给我们男人分配的角色与给女人的不同。如果我们男人认识到自己的角色并通过它来荣耀和服侍神，这确实是一种祝福。

### 9月10日

**传递**-创世记 12 章 2 节说：「我必叫你成为大国，我必赐福给你，叫你的名为大，你也要叫别人得福。」以色列一个活生生的例子是加利利海和死海的区别，两者都接受同一条河流。加利利海将水传递下去，是活的，死海却不是这样，我的生命是与哪一条河相比呢？

### 9月11日

**真理**-约翰福音 14 章 6 节说：「我就是道路、真理、生命；若不借着祂，没有人能到父那里去。」字典对真理的定义是：真理是符合事实和真实的。真理有太多东西是我们无法达到的。请允许耶稣基督打开你的思想和心灵，接受祂永恒的真实。

### 9月12日

**造物主**-罗马书 1 章 25 节说：「他们将神的真实变为虚谎，去敬拜事奉受造之物，不敬奉那造物之主。」亚当和夏娃听信了谎言，认为他们会与他们的造物主同等，违背了神。祈祷成为一个尊荣造物主的男人，是通过明白和遵从祂的话去尊荣祂，祂的话就是神的真理。

### 9月13日

**情欲**-情欲是一种强烈的、几乎无法控制的情感。数以百万计的网站引诱男人向不正当的性欲屈服。当神把人交给他们的情欲的时候，是因为他

他们没有听从祂的警告，去逃避性方面不道德的事情。罗马书 1 章 26 和 27 节说：「因此，神任凭他们放纵可羞耻的情欲。他们的女人把顺性的用处变为逆性的用处；男人也是如此，弃了女人顺性的用处，欲火攻心，彼此贪恋，男和男行可羞耻的事，就在自己身上受这妄为当得的报应。」要提高警惕，决定做一个纯洁的勇士。

### 9 月 14 日

**淫乱**-以弗所书 5 章 3 节说：「至于淫乱并一切污秽，或是贪婪，在你们中间连提都不可，方合圣徒的体统。」对自己要诚实，为纯洁而奋斗，但不要把性方面的事情看成为禁忌。相反，要帮助你的孩子们和其他男人正确地处理这个问题。

### 9 月 15 日

**智慧**-箴言 1 章 7 节说：「敬畏耶和华是知识的开端；愚妄人藐视智慧和训诲。」「主啊，若非祢发起极大的灵性复兴，否则人如何能开始敬畏祢？请打开瞎子的眼睛，让他们看到祢在创造中极大的作为，并且使用我成为祢的爱和救赎的恩典的见证。」

### 9 月 16 日

**得赦免**-「哦，神啊，有时我觉得不配得祢的宽恕。但是现在，我意识到这就是十字架的意义所在。当基督为我而死的时候，就让我能获得祢的怜悯和恩典。感谢祢赦免了我所有的罪过，为那不配的恩惠我很感激祢，因此，我现在原谅我自己。」以弗所书 1 章 7 节说：「我们藉这爱子的血，得蒙救赎，过犯得以赦免，乃是照祂丰富的恩典。」

### 9 月 17 日

**一个神圣的基业**-「亲爱的主啊，我很感激祢为我提供了一个神圣的基业。我很荣幸能够与基督成为共同的继承人。我现在知道当我信靠基督的时候，祢进入我的生命里，并且与我联合。我的基业是祢，主耶稣，我需要的一切都在祢里面。」以弗所书 1 章 11 和 12 节说：「我们也在祂里面得了基业，这原是那位随己意行作万事的，照着祂旨意所豫定的；叫祂的荣耀，从我们这首先在基督里有盼望的人，可以得着称赞。」

### 9 月 18 日

**应许**-「亲爱的天父，感谢祢，当我相信基督的时候，祢差遣了所应许的圣灵给我。现在，在基督里的生命之灵内住在我里面，我就有最终得赎的保证，并且我在祢里面是安全的，祢的荣耀现在可以透过我显现出来。赞美祢，祢用祢的生命来祝福我！」以弗所书 1 章 13 和 14 节说：「你们既听见真理的道，就是那叫你们得救的福音，也信了基督，既然信祂，就受了所应许的圣灵为印记；这圣灵，是我们得基业的凭据，直等到神之民被赎，使祂的荣耀得着称赞。」

## 9月19日

**启示-**「亲爱的神啊，我祈求祢赐给我认识基督的智慧和启示的灵。圣灵啊，我信靠祢会将基督启示给我。求祢使我知道我的身份和我在基督里的属灵产业，使我认识基督，这样我就能够在我生命的每个领域经验到祢的同在。」以弗所书 1 章 17 节说：「求我们主耶稣基督的神，荣耀的父，将那赐人智慧和启示的灵，赏给你们，使你们真知道祂。」

## 9月20日

**照明-**「圣灵啊，开我的眼睛，使我可以从祢的话语中看到奇妙的事情。照亮我，好认识祢的大能，揭示给我这大而可畏的能力，这能力是现在我在基督里能够获得的。授权给我，去达到祢国度的目的，让别人在我身上看到耶稣！」以弗所书 1 章 18 和 19 节说：「并且照明你们心中的眼睛，使你们知道祂的恩召有何等指望；祂在圣徒中得的基业，有何等丰盛的荣耀；并知道祂向我们这信的人所显的能力，是何等浩大」。

## 9月21日

**那祷文-**「亲爱的主啊，我尝试解决我的问题，改进我的生命，但从来都没有结果。主啊，我现在知道我唯一的盼望就是祢。我感谢祢救赎恩典的美妙礼物，感谢祢为我献出祢的生命，以至于祢能够把祢的生命赐给我，并且通过我活出祢的生命。」加拉太书 2 章 20 节说：「我已经与基督同钉十字架，现在活着的不再是我，乃是基督在我里面活着；并且我如今在肉身活着，是因信神的儿子而活；他是爱我，为我舍己。」

## 9月22日

**话语-**耶稣的门徒需要把圣经的教导储存在他的思想和心灵里，来胜过他每天的斗争。敌人会与他对抗。马太福音 13 章 19 节说：「凡听见天国的道理不明白的，那恶者就来，把所撒在他心里的夺了去；这就是撒在路旁的了。」祈求在背诵经文的战斗中有忍耐和毅力，主会赐下胜利！

## 9月23日

**内容-**电视、电影、互联网和其他节目，如果选择不当，会污染一个人的心灵，从而影响他的言行。祈求成为一个有神的话语的男人，然后你就有足够的工具来抵抗文化和环境的负面影响。马太福音 7 章 24 节说：「所以，凡听见我这话就去行的，好比一个聪明人，把房子盖在盘石上」

## 9月24日

**伴侣-**当丈夫和妻子一起计划和完成许多事情，同时享受彼此的陪伴时，这是多么大的祝福！这是主的计划！因此，在你的婚姻中要腾出时间来彼此分享和祷告。神渴望祝福你们的婚姻，使你们成为家人和朋友的祝福。马太福音 18 章 19 和 20 节说：「我又告诉你们，若是你们中间有两

个人在地上同心合意的求甚么事，我在天上的父必为他们成全。因为无论在那里，有两三个人奉我的名聚会，那里就有我在他们中间。」

### 9月25日

**保护**-作为一个父亲，你当然希望你的孩子们身体健康，免受伤害。事实是，我们不可能总是靠近他们以至于能保护他们免受恶劣的环境影响。祈求天父将他们放在祂的照顾底下，并且祈求祂的天使在他们的各个方面保护他们。马太福音 18 章 10 节说：「你们要小心，不可轻看这小子中的一个；我告诉你们，他们的使者在天上，常见我天父的面。」

### 9月26日

**转化**-在圣经中，把沙漠比作困难和考验的时间，但这也是神安排的时间，让祂的子民有机会发现自己的内心，学习神的优先事项。「主啊，当我走过沙漠的困难时刻，愿我学会倚靠祂，相信祂的话语。」申命记 8 章 2 节说：「你也要记念耶和华—你的神在旷野引导你这四十年，是要苦炼你，试验你，要知道你心内如何，肯守祂的诫命不肯。」

### 9月27日

**世代**-父母和子女经历所谓的「跨代祝福或冲突」。当主的话语被遵从，父亲被尊重的时候，这种关系将成为孩子们的祝福泉源。箴言 4 章 1 到 4 节说：「众子啊，要听父亲的教训，留心得知聪明。因我所给你们的是好教训；不可离弃我的法则。我在父亲面前为孝子，在母亲眼中为唯一的娇儿。父亲教训我说：你心要存记我的言语，遵守我的命令，便得存活。」「主啊，愿祂的智慧和辨识渗透到我与子女的关系中！」

### 9月28日

**权力**-控制和权力是两种骗人的力量。人类为实现社会公义所作的一切努力都很容易以权力斗争告终。神的国度是不一样的，它是以祂的管治为基础。今天，请容许祂的灵来引导你。撒迦利亚书 4 章 6 节说：「万军之耶和华说：不是倚靠势力，不是倚靠才能，乃是倚靠我的灵方能成事。」

### 9月29日

**产业**-物质主义社会以财产和金钱的短暂价值来衡量产业，神的子民则以敬虔的品格和好名声的永恒祝福来衡量产业。箴言 13 章 22 节说：「善人给子孙遗留产业，罪人为义人积存资财。」祈祷成为那个善人吧。

### 9月30日

**仰赖**-箴言 3 章 5 和 6 节说：「你要专心仰赖耶和华，不可倚靠自己的聪明，在你一切所行的事上都要认定他，他必指引你的路。」相信我们的神是更伟大的！在祂没有难成的事！我们借着一个祷告就能亲近祂，并且「敬畏祂的，祂必成就他们的心愿。」

## CA mpc September 2023

**1. Be trustworthy** — “Many a man proclaims his own loyalty, but who can find a trustworthy man?” (Pr 20:6) Our choices and habits determine our character. As you allow for God to rule every area of your life, your spouse and children will be secure and trust your leadership. “One can leave a spare key with a trustworthy neighbor.”

**2. Be resilient** – “If you have run with footman and they have tired you out, then how can you compete with horses? If you fall down in a land of peace, how will you do in thicket of the Jordan?” (Jer 12:5). Ask the Lord for courage and don't give up easily when things get tough. Fight against the odds and be a man of valor and faith.

**3. Be forgiving** – “But if you do not forgive others, then your Father will not forgive your transgressions” (Mt 6:14-15). Praise God that Christ redeemed us from our sin by dying for us the cruel death on the cross. Allow for the Father to forgive you and to welcome you back home as you to forgive those who are guilty against you.

**4. Be moral** – “Flee immorality. Every other sin that a man commit is outside the body, but the immoral man sins against his own body” (1Cor 6:18.20). Be on your guard in a culture that promotes lasciviousness. Remember, your body is the temple of the Holy Spirit. You are not your own but belong to Christ. “Glorify God in your body.”

**5. Living in His presence** - Dear Lord Jesus, I once thought I only needed You when things got bad, but now I know that I need You every moment. Furthermore, since You now indwell me, I realize that I also have You. Thank You for joining Yourself to me in an inseparable bond. Your presence permanently resides in me. (Ro 8:9)

**6. Grace** – “Let me hear your lovingkindness in the morning” (Ps 143:8). Every day new and fresh is God's grace and faithfulness. She never ends even if long the day. You can count on Him in every way.

**7. Direction** – “Teach me the way in which I should walk; for you I lift up my soul” (Ps 143:8b). As you talk with God, He will let you know what your next step should be. In the name of Jesus, you will be able to do the good things that He has already prepared for you to do. (Eph 2:10)

**8. Image Bearer** - “God created man in His own image, in the image of God He created him; male and female He created them” (Gen 1:27. Both, man and women carry God's image. How important to remember that as we honor and serve each other we do so to the glory of God.

**9. Special role** – “Then the Lord God took the man and put him into the garden of Eden to cultivate and keep it” (Gen 2:15). God's Wort assigns a different role to us men than to the women. I certainly is a blessing if we men recognize our role and honor and serve God through it.

**10. Pass it on** – “And I will bless you... and so you shall be a blessing” (Gen 12:2). A living example in Israel is the difference between the Sea of Galilee and the Dead Sea. Both receive the same river. The Sea of Galilee passes the water on and is alive. Not so the Dead Sea. To whom do I compare my life?

**11. Truth** - “Jesus said to him, I am the way, and the truth, and the life; no one comes to the Father but through Me” (Jn 14:6). The dictionary defines truth as being in accord with fact and reality. There is so much more to truth than we can ever reach. Allow for Jesus Christ to open your mind and heart to His eternal reality.

**12. Creator** – “For they exchanged the truth of God for a lie, and worshiped and served the creature rather than the creator” (Rom 1:25). Adam and Eve bought the lie that they would be equal to their Creator and disobeyed God. Pray to be a man who honors the Creator by knowing and obeying His word, the truth of God.

**13. Passions** - Passion is a strong and barely controllable emotion. Millions of websites lure men to give in to illicit sexual desires. When God gives men over to their passion it is because they have not heeded his warning to flee from sexual immorality. (Ro 1:26,27) Be on the alert and decide to be a pure warrior.

**14. Immorality** - “But among you there should be not even a hint of sexual immorality, or of any kind of impurity or greed, because these are improper for God’s holy people” (Eph 5:3). Be honest with yourself. Fight to be pure. But don’t make sexuality a tabu. Rather help your children and other men to deal with it properly.

**15. Wisdom** – “The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction” (Pr 1:7). “Lord how can men start fearing you unless you send a mighty spiritual revival? Please, open the eyes of the blind to see your mighty works in creation and use me to be a witness of your love and redeeming grace.”

**16. Forgiven** - “Oh God, at times I have felt so unworthy of Your forgiveness. But now, I realize that’s what the cross is all about. When Christ died for me, Your mercy and grace were made available to me. Thank You for forgiving me of all my sins. I am so grateful for the unmerited favor. Therefore, I now forgive myself.” (Eph 1:7)

**17. A Divine Inheritance** - “Dear Lord, I am so grateful that You provided me with a Divine Inheritance. I am honored to be a joint-heir with Christ. I now know that when I put my trust in Christ, You entered into my life and joined yourself to me. My inheritance is You, Lord Jesus. I have everything I need in You”. (Eph 1:11-12)

**18. The Promise** - “Heavenly Father, thank You for sending me the promised Holy Spirit when I believed in Christ. Now that the Spirit of life in Christ indwells me, I have the assurance of my final redemption and I am safe in You. Your glory can now be revealed through me. Praise You for blessing me with Your life!” (Eph 1:13-14)

**19. The Revelation** - “Dear God, I ask that you would grant me the Spirit of wisdom and revelation in the knowledge of Christ. I trust You, Holy Spirit, to reveal Christ to me. Cause me to know my identity and my spiritual inheritance in Christ. Make Christ known to me. So I can experience His presence in every area of my life. (Eph1:17)

**20. Enlightenment** - "Holy Spirit, open my eyes that I might behold wondrous things from Your Word. Enlighten my understanding regarding Your great power. Reveal to me this awesome power, which is now available to me in Christ. Empower me to accomplish Your Kingdom purposes. Let others see Jesus in me!" (Eph 1:18-19)

**21. THE PRAYER** - "Dear Lord, I have tried to fix my problems and improve my life, but it never works. I now know that my only hope is You, Lord. I am grateful for the wonderful gift of your saving grace. Thank You that You gave Your life for me so that you could give Your life to me, and live Your life through me. (Gal 2:20)

**22. Word** - The disciple of Jesus needs to store up the teaching of the Bible in his mind and heart, to win his daily battles. The enemy will fight against this (Mt. 13.19). Pray for patience and perseverance in the battle of memorizing Bible verses, and the Lord will give victory!

**23. Content** - Television, movies, internet and other programming, when not well chosen can contaminate a man's heart and thus influence his speech and actions. Pray to be a man of the Word. Then you will have the proper tools to resist the negative influence of culture and circumstances. (Mt. 7.24).

**24. Partners** – What a blessing when husband and wife plan and accomplish many things together, while enjoying each other's company. That is the Lord's plan! Therefore, make time in your marriage for mutual sharing and prayer. God desires to bless your marriage and make you a blessing for family and friends. (Mt. 18.19-20).

**25. Protection** – As a father's you certainly wish that your children are well and safe from harm. Fact is that we can't always be close to them in order to protect them from bad circumstances. Pray that the Heavenly Father to keep them in His care and for and Your angels to guard them in all their ways. (Mt. 18.10)

**26. Transformation** - In the Bible the desert is compared to a time of difficulty and trial. But it was also a God ordained time to give his people the opportunity to discover their own heart and learn godly priorities. "Lord, as I go through the dessert of hard times may I learn to lean on you and trust your word." (Dt 8:2)

**27. Generations** - Parents and children can experience what is called "generational blessing or conflict". When the word of the Lord is obeyed and a father honored, the relationships will become a source of blessing for the children. (Pr 4:1-4) "Lord, may Your wisdom and discernment permeate my relationship with my children!"

**28. Power** – Control and power are two deceiving forces. All human effort to bring social justice so easily end up in power struggles. God's Kingdom is different and based on His rule. Allow His Spirit to lead you today. "Not by might nor by power, but by My Spirit, says the Lord of hosts" (Zec 4:6)



**29. Inheritance** - A materialistic society measures an inheritance by the fleeting value of possessions and money. God's people rather measure an inheritance by the permanent blessing of a godly character and a good name. "A good man leaves an inheritance to his children's children" (Pr 13:22). Pray to be that good man.

**30. Trust** - "Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your path straight" (Pr 3:5.6). Believe that our God is greater! Nothing is impossible for Him! He is only a prayer away and "fulfills the desire of those who fear Him."