

## 2023 年男士祷告日历 -8 月

### 8 月 1 日

**真正的良善**-亲爱的神啊，我已经很努力去成为良善的人，但是，无论我如何努力尝试，我仍然不够良善。我很感激祢，因为祢指示了我真正良善的源头仅仅来自祢。祢是唯一良善的那一位。马太福音 19 章 16 和 17 节说：「有一个人来见耶稣，说：夫子，我该做什么善事才能得永生？耶稣对他说：你为什么以善事问我呢？只有一位是善的。你若要进入永生，就当遵守诫命。」

### 8 月 2 日

**拦阻恩典的东西**-哦，主啊，每次我尝试做些事情的时候，总有某些事在拦阻我。然后我察觉那个拦阻是因为我，我人为的努力哪怕多真诚，实际上是在消灭圣灵，因此，我为我属肉体的努力忏悔，并且接受祢全备的恩典来给予我能力。加拉太书 2 章 21 节说：「我不废掉神的恩；义若是借着律法得的，基督就是徒然死了。」

### 8 月 3 日

**蒙拣选**-亲爱的神啊，我为祢向我们展示的伟大的爱而敬畏祢，甚至在祢创造世界之前，祢的爱就催促祢拣选我们。我很感激祢拣选了我，因为祢就是指定要我。祢让我个人接受基督，好使我与祢合一，在基督里成为圣洁与无可指摘。以弗所书 1 章 4 节说：「就如神从创立世界以前，在基督里拣选了我们，使我们在祂面前成为圣洁，无有瑕疵。」

### 8 月 4 日

**得进神的家**-哦，主啊，我惊叹在祢的计划中包括了我。我非常感激祢，因为是祢的旨意让我得进祢的家。父神啊，我赞美祢，因为耶稣基督是联系我和祢的重要链接。感谢祢接纳我，让我有荣幸参与祢奇妙的生命。以弗所书 1 章 5 节说：「又因爱我们，就按着自己意旨所喜悦的，预定我们借着耶稣基督得儿子的名分。」

### 8 月 5 日

**在基督里被接纳**-天父啊，我非常感谢祢无条件地接纳我。主耶稣啊，感谢祢使我蒙父悦纳。自从我接受耶稣基督进入我的生命后，就不再有拒绝。现在基督在我里面，祢喜悦我，而我在神的爱子里被接纳。以弗所书 1 章 6 节说：「使他荣耀的恩典得着称赞；这恩典是祂在爱子里所赐给我们的。」

## 8月6日

**受伤的时候**-没有人想要受伤。在医院里，处理疼痛是高居榜首的要事。使徒保罗晓得神的道路不是我们的道路，并且写道「我们可以在患难中得荣耀」；祈祷我们作为男人会看到，我们的考验是如同神的凿子一样，去塑造我们的品格和建立我们的信心。罗马书5章3到4节说：「不但如此，就是在患难中也是欢欢喜喜的；因为知道患难生忍耐，忍耐生老练，老练生盼望。」

## 8月7日

**患难生忍耐**-忍耐是圣灵的果子。加拉太书5章22节说：「圣灵所结的果子，就是仁爱、喜乐、和平、忍耐、恩慈、良善、信实」。神使用我们的试炼来增加我们的忍耐。祈求被圣灵充满，来产生祂的果子。罗马书5章3到4节说：「不但如此，就是在患难中也是欢欢喜喜的；因为知道患难生忍耐，忍耐生老练，老练生盼望。」

## 8月8日

**忍耐生老练**-品格是我们真正的自己，而名声是别人认为我们是怎样的自己。如果我专注于在基督里我品格的改变，那么，我的名声就会自然而然地形成。温柔、忍耐的品格是神在我生命中使用试炼的结果。祈求有恢复力，并坚持不懈。罗马书5章3到4节说：「不但如此，就是在患难中也是欢欢喜喜的；因为知道患难生忍耐，忍耐生老练，老练生盼望。」

## 8月9日

**老练生盼望**-无论生活中正酝酿怎样的风暴，祈求成为一个有敬虔品格的人，并且与神的经历如同盼望之锚，这锚是在神的主权中。罗马书5章3到4节说：「不但如此，就是在患难中也是欢欢喜喜的；因为知道患难生忍耐，忍耐生老练，老练生盼望。」

## 8月10日

**平安**-平安并不是没有风暴，而是有基督的同在。祈求男士们培养对基督同在的认识，并在任何试炼中与祂同行相交。罗马书5章1节说：「我们既因信称义，就借着我们的主耶稣基督得与神相和。」

## 8月11日

**撒种**-作为基督的跟随者，你已经被赐予撒下福音好种子的权利，然而，负责收成的乃是主。今天感谢祂，因为你配得与天地的创造主同工。马可福音4章2到8节说：「耶稣就用比喻教训他们许多道理。在教训之间，对他们说：你们听啊！有一个撒种的出去撒种。撒的时候，有落在路旁的，飞鸟来吃尽了；有落在土浅石头地上的，土既不深，发苗最快，日头出来一晒，因为没有根，就枯干了；有落在荆棘里的，荆棘长起来，

把他挤住了，就不结实；又有落在好土里的，就发生长大，结实有三十倍的，有六十倍的，有一百倍的。」

### 8月12日

**圣洁的生命**-圣灵日复日的，去改变我们这些基督的跟随者，成为我们主的形象，但祂对我们有多少的影响，却由我们决定。祈求今天圣灵在你的生命中有许多空间。以弗所书 5 章 18 节说：「不要醉酒，酒能使人放荡；乃要被圣灵充满。」

### 8月13日

**武器**-邪恶势力不断地攻击我们，因为我们是耶稣的跟随者，然而，神赐给我们远比仇敌更强大的武器。哥林多后书 10 章 4 节说：「我们争战的兵器本不是属血气的，乃是在神面前有能力，可以攻破坚固的营垒，」赞美主！

### 8月14日

**未得之民**-根据约书亚计划，世界上仍然有七千多个族群没有听到福音信息。祈求宣教机构能成功地接触到这些族群。马太福音 24 章 14 节说：「这天国的福音要传遍天下，对万民作见证，然后末期才来到。」

### 8月15日

**要有见识**-我们是基督的见证人，是世上的盐和世界的光。要履行这些角色，我们需要与社会接触。要有见识，为正确的事和尊荣神的事起来说话。以西结书 33 章 7 节说：「人子啊，我照样立你作以色列家守望的人。所以你要听我口中的话，替我警戒他们。」

### 8月16日

**要留心**-约翰福音 4 章 35 节下说：「举目向田观看，庄稼已经熟了，可以收割了。」不要被这个世界邪恶的进展所征服，而是祈求睁开眼睛，留意那些困惑和正在寻求答案的人。神已经预备许多人心，来听好消息。

### 8月17日

**要受教**-诗篇 34 篇 14 节说：「众弟子啊，你们当来听我的话！……要离恶行善，寻求和睦，一心追赶。」当神通过圣经和圣灵向你说话的时候，你要受教。祈求有一个谦卑和愿意的灵，并且接受祂通过圣经或服侍祂的人所作的改正，这都是为你好。

8月18日

**要预备**-马太福音 24 章 44 节说：「所以，你们也要预备，因为你们想不到的时候，人子就来了。」生命是脆弱与无常的；除了神的话语，没有任何事物持续到永远。祈求按照神的优先顺序去生活，把祂和神国度的价值放在首位，然后当祂再来的时候，你就预备好了。

8月19日

**要忠心**-马太福音 24 章 45 节说：「谁是忠心有见识的仆人，为主人所派，管理家里的人，按时分粮给他们呢？」作为一个男人、丈夫和父亲，你是家里基督的仆人和代表。在你与主的关系中保持真诚，并祈求智慧来带领你的家。

8月20日

**要可靠**-创世记 24 章 56 节说：「仆人说，耶和华既赐给我通达的道路，你们不要耽误我，请打发我走，回我主人那里去吧。」亚伯拉罕的首席仆人--大马色人以利以谢，在他的任务中，他是完全可靠的。他激励我们经常把主的旨意放在首位。你可以透过自身的可靠性来荣耀神，要做这样的男人，你也来祈求吧！

8月21日

**要谦卑**-撒迦利亚书 9 章 9 节说：「看哪，你的王来到你这里！他.....谦谦和和地骑着驴。」真正男子汉的榜样是我们的救主耶稣基督。祂放下祂神圣的特权，谦卑自己，变得像我们一样，通过祂在十字架上的死来救赎我们。让基督反映在你的生命中。

8月22日

**要敏锐**-以赛亚书 42 章 3 节说：「压伤的芦苇，祂不折断；将残的灯火，祂不吹灭。」世俗的独裁统治标志着对权利的饥饿与侵略，但神的国度则相反，它是恢复和医治那些破碎心灵的国度。祈求成为一个对他人的需要敏锐的人吧。

8月23日

**要有智慧**-马太福音 10 章 16 节说：「我差你们去，如同羊进入狼群；所以你们要灵巧像蛇，驯良像鸽子。」一条蛇很专心，并且保护它的头。做一个思考的人，以永恒作为你的焦点，你将会明白世界无法给予的自由与平安。诗篇 111 篇 10 节上说：「敬畏耶和华是智慧的开端。」

8月24日

**要有生产力**-路加福音 19 章 13 节下说：「你们去做生意，直等我回来。」我们所有的一切都是神托付给我们的，目的是荣耀祂。生命有期限，基

督再来是肯定的。不管什么先来，要有生产力，运用你的所是与所有，为祂的荣耀创造利益。

### 8月25日

**要负责**-以西结书 3 章 17 节说：「你要听我口中的话，替我警戒他们」。基督对祂的门徒所发出的最后命令，就是马太福音 28 章 18 到 20 节的大使命。马太福音 28 章 18 到 20 节说：「耶稣进前来，对他们说：天上地下所有的权柄都赐给我了。所以，你们要去，使万民作我的门徒，奉父、子、圣灵的名给他们施洗。凡我所吩咐你们的，都教训他们遵守，我就常与你们同在，直到世界的末了。」人们需要主，祈求有服从的意志和对丧失灵魂有负担的心志。透过你的爱和信心的榜样赢得你的子女。

### 8月26日

**要友善**-箴言 15 章 1 节说：「回答柔和，使怒消退；言语暴戾，触动怒气。」由于某种荷尔蒙，男性比女性更容易在愤怒中作出反应。祈求被神的灵引导，而不是被你的荷尔蒙引导。你的朋友与家人会受祝福。

### 8月27日

**要诚实**-马太福音 5 章 37 节说：「你们的话，是，就说是，不是，就说不是；若再多说，就是出于那恶者。」当耶稣吩咐要诚实的时候，祂也教导要仁爱与宽恕。诚实和仁爱应该并排而行。祈求知道传达事实的时机和方式，并记住，并不是所有的事实都必须说出来。

### 8月28日

**要扎实**-诗篇 92 篇 12 节上说：「义人要发旺如棕树。」棕榈树柔韧有弹性，几乎像皮带的结构使它能够在风力中弯下，并在风过了以后摆回原处。祈求能扎实地立足在万古磐石之上，并且学习在人生风暴中伸缩自如。

### 8月29日

**要慷慨**-箴言 19 章 17 节说：「怜悯贫穷的，就是借给耶和华；他的善行，耶和华必偿还。」根据 2013 年英国的一项民意调查，穆斯林比其他宗教的人捐给慈善机构的钱更多。祈求基督的爱会迫使你，为有需要的人打开心扉和双手。

### 8月30日

**要改变**-罗马书 12 章 2 节说：「不要效法这个世界，只要心意更新而变化，叫你们察验何为神的善良、纯全、可喜悦的旨意。」我们是因信基督而得救，祂的圣灵住在我们里面。门徒学习的第一个功课是捨己，或弃绝肉体的欲望。顺从圣灵的提醒，容让祂来改变你吧。

8月31日

**要感恩**-帖撒罗尼加前书 5 章 16 到 18 节说：「要常常喜乐，不住的祷告，凡事谢恩；因为这是神在基督耶稣里向你们所定的旨意。」许多基督徒一生颠簸，因为他们从来都没有完全降服于基督的主权。祈求你将你的意志降服于祂，然后基督会实现对你的应许，就是在你里面有丰盛的生命。

## CA men's prayer calendar August 2023 – FINAL VERSION

**1. True goodness** - Dear God, I have tried so hard to be good. But no matter how hard I try it is never good enough. I am grateful because You showed me that the source of true goodness comes from You alone. You are the only one who is good. Thank You for performing Your good and perfect works through me! (Matt. 19:16,17)

**2. Grace blockers** - Oh Lord, every time I attempted to do anything, something was blocking me. Then I realized that the blockage was because of me. My sincere human efforts were actually quenching the Spirit. Therefore, I repent of my fleshly efforts and receive Your all-sufficient grace to empower me. (Gal. 2:21)

**3. Chosen** - Dear God, I stand in awe of the great love You demonstrated toward us. Your love compelled You to choose us even before You created the world. I am grateful that You chose me because You wanted me. You allowed me to personally receive Christ in order to be one with You, holy and blameless in Christ. (Eph. 1:4)

**4. Adopted into God's family** - Oh Lord, I am amazed at Your plan to include me. I am so grateful that it was Your will for me to be adopted into Your family. I praise you, Father God, for Jesus Christ who is the vital link that connected me to You. Thank You for adopting me, for the privilege of participating in Your marvelous life. (Eph. 1:5)

**5. Accepted in Christ** - Heavenly Father, I am so grateful for Your unconditional acceptance of me. Thank You, Lord Jesus, for making me acceptable to the Father. Since I accepted Jesus Christ into my life there is no more rejection. Now that Christ is in me, You are for me and I am accepted in the beloved Son of God! (Eph. 1:6)

**6. When it hurts** - Nobody wants to be hurt. In hospitals pain management is top priority. The Apostle Paul learned that God's ways are not ours and wrote that we can "glory in tribulations." Pray that as men we will see our trials as God's chisel to forge our character and build our faith. (Rom. 5:1-10)

**7. Tribulation works patience** (Rom. 5:1-10) - Patience is a fruit of the Holy Spirit. (Gal. 5:22) God uses our trials to increase our patience. Pray to be filled with the Holy Spirit in order to produce His fruit.

**8. Patience builds character** (Rom. 5:1-10) - Character is who we really are while reputation is who others think we are. If I focus on my character transformation in Christ, then my reputation will take care of itself. A gentle, patient character is the result of God using trials in my life. Pray for resilience and persevere.

**9. Character works hope** (Rom. 5:1-10) - Pray to be a man whose godly character and experience with God is like the anchor of hope in God's sovereignty that prevails, no matter what storm of life is brewing.

**10. Peace** - Peace is not the absence of storms, but the presence of Christ. Pray that men will cultivate the awareness of Christ's presence and walk in fellowship with Him through any trial.

**11. Sowing the seed** – As a follower of Christ, you have been given the privilege of sowing the good seed of the Gospel. It is the Lord, however, who is responsible for the harvest. Thank Him today that you are found worthy of partnering with the Creator of heaven and earth. (Mark 4:2-8)

**12. A holy life** – The Holy Spirit is day by day transforming us as followers of Christ into the image of our Master, but we decide how much influence He will have over us. Pray that the Holy Spirit will have plenty of space in your life today. (Eph. 5:18)

**13. Weapons** – Evil forces are continuously attacking us because we are followers of Jesus. However, God has given us access to weapons that are stronger than our enemies. "For the weapons of our warfare are not of the flesh..." (2 Cor. 10:4). Praise the Lord!

**14. The unreached** – According to Joshua Project, there are still more than 7,000 ethnic groups in the world that have not heard the Gospel message. Pray that mission organizations will succeed in reaching out to those people groups. "This Gospel of the kingdom shall be preached in the whole world..." (Matt. 24:14).

**15. Be informed** – In order to fulfill our role as witnesses for Christ, salt of the earth and light of the world, we need to engage with the society. Care to be well informed and speak up for what is right and honors God. "Now as for you, son of man, I have appointed you a watchman for the house of Israel" (Ezek. 33:7).

**16. Be attentive** – "Lift up your eyes and look on the fields, that they are ripe for harvest" (John 4:35b). Instead of being overwhelmed with the progression of evil in this world, pray for open eyes and be attentive to the people who are confused and are seeking for answers. God has prepared many hearts for the Good News.

**17. Be teachable** – "Come people listen to me...Depart from evil and do good; seek peace and pursue it" (Psa. 34:14). Be teachable when God speaks to you through the Bible and the Holy Spirit. Pray for a humble and willing spirit and accept His correction through Scripture or people who serve Him. It is for your good.

**18. Be ready** – "For this reason you must be ready; for the Son of Man is coming at an hour when you do not think He will" (Matt. 24:44). Life is fragile and uncertain; nothing endures forever but the Word of God. Pray to live by God's priorities, putting Him and the values of God's kingdom first. Then you will be ready when He returns.

**19. Be faithful** – "Who then is the faithful and wise servant, whom his master has set over his household, to give them their food at the proper time" (Matt. 24:45). As a man, husband, and father you are Christ's servant and representative in your family. Be authentic in your relationship with the Lord and pray for wisdom to lead.

**20. Be reliable** – "Do not delay me, since the Lord has prospered my way. Send me away that I may go to my master" (Gen. 24:56). Eliezer of Damascus, Abraham's head servant, was totally reliable in his mission. He inspires us to always put the Lord's will first. Pray to be a man who honors God through his reliability.



**21. Be humble** – “Behold your king is coming to you...humble and mounted on a donkey...” (Zech. 9:9). The example of real manhood is our Savior Jesus Christ. He laid aside His divine prerogatives, humbled Himself, and became like us to redeem us through His death on the cross. Allow for Christ to be reflected in your life.

**22. Be sensitive** – “A bruised reed He will not break and a dimly burning wick he will not extinguish” (Isa. 42:3). In contrast to the power-hungry and aggression that is the hallmark of worldly dictatorships, God’s kingdom is one of restoration and healing of those broken in heart. Pray to be a man sensitive to the need of others.

**23. Be wise** – “Behold, I send you forth as sheep in the midst of wolves; be therefore wise as serpents, and harmless as doves” (Matt. 10:16). A serpent is attentive and protects its head. Be a thinker. Have the eternal as your focus and you will know freedom and peace the world can’t give. “The fear of God is the beginning of wisdom” (Psa. 111:10).

**24. Be productive** – “Do business with this until I return” (Luke 19:13b). Everything we have is entrusted to us by God with the purpose of bringing honor to Him. Life has a deadline, and the return of Christ is for sure. Regardless of what comes first, be productive and use everything you are and have to generate benefits for His glory.

**25. Be responsible** – “Whenever you hear a word from my mouth, warn them for me” (Ezek. 3:17). Christ’s last order to His disciples was the Great Commission of Mathew 28:18-20. People need the Lord. Pray for a will to obey and a heart burdened with the lost. Win your children through your love and example of faith.

**26. Be friendly** – “A gentle answer turns away wrath, but a harsh word stirs up anger” (Prov. 15:1). Because of a certain hormone, men react more easily in anger than women. Pray to be led by the Spirit of God, rather than by your hormones. Your friends and family will be blessed.

**27. Be true** – “But let your statement be, ‘Yes, yes’ or ‘No, no’; anything beyond these is from the evil one” (Matt. 5:37). When Jesus commanded to be truthful, He also taught to be loving and forgiving. Truth and love should go together. Pray to know the time and the manner to convey truth and remember, not all truth has to be said.

**28. Be solid** – “The righteous man will flourish like the palm tree” (Psa. 92:12). The palm tree’s flexible, almost elastic structure allows it to bend with the force of the winds and sway right back into place when the winds pass. Pray to be solidly grounded on the Rock of Ages and learn how to flex in the storms of life.

**29. Be generous** – “He who is gracious to a poor man lends to the Lord, and He will repay him for his good deed” (Prov. 19:17). According to a British poll in 2013, Muslims give more money to charity than people of other religions. Pray that the love of Christ will constrain you and open your heart and hands for those in need.

**30. Be transformed** – “But be transformed by the renewing of your mind, that you may prove what the will of God is...” (Rom. 12:2). We are saved through faith in

Christ. His Holy Spirit resides in us. The first lesson of discipleship is to deny self, or the urging of the flesh. Obey the prompting of the Spirit. Allow Him to transform you.

**31. Be thankful** – “Rejoice always; pray without ceasing; in everything give thanks; for this is the will of God for you in Christ Jesus” (1 Thess. 5:16-18). Many Christians limp through life because they never fully surrender to the lordship of Christ. Pray for Christ to fulfill the promise of abundant life in you as you surrender your will to Him.