

## 2023 年男士祷告日历 -6 月

### 6 月 1 日

**真正的安慰**- 「哦，主啊，有时我感到非常悲伤和不知所措。没有持久的安慰。我很高兴知道圣灵是真正的保惠师。我放弃试图通过人觉得安舒的方式来减轻痛苦。我祈求祢用祢的灵充满我，给我平安和安息。」  
马太福音 5 章 4 节说：「哀恸的人有福了！因为他们必得安慰。」

### 6 月 2 日

**超自然的爱**- 「亲爱的天父，祢教导我们彼此相爱，但是我尝试去爱，却总是失败。肉体上的努力没有让我达到目的，结果我只是在服侍自己。我知道祢是真爱的源头，我求祢，圣灵，来充满我，并通过我去爱其他人。」罗马书 13 章 8 到 10 节说：「凡事都不可亏欠人，惟有彼此相爱要常以为亏欠；因为爱人的，就完全了律法。像那不可奸淫，不可杀人，不可偷盗，不可贪婪，或有别的诫命，都包在爱人如己这一句话之内了。爱是不加害与人的，所以爱就完全了律法。」

### 6 月 3 日

**基督是我的生命**- 「亲爱的主啊，多年来我一直在寻找意义。现在我知道，没有生命之源，那是不可能的，祢是生命的真正源头，我现在明白，当我领受基督，基督便成为我的生命，所以我把自己降服于祢主耶稣基督。」歌罗西书 3 章 4 节说：「基督是我们的生命，他显现的时候，你们也要与他一同显现在荣耀里。」

### 6 月 4 日

**终极归从的那位**- 「亲爱的主耶稣，祢是全能神的儿子—永恒生命的源头。我知道祢是我唯一可以去归从的那一位。因此，我仰望祢作为我生命的源头，求祢使我经常去寻求祢，求祢赐给我恩典来完全信靠祢。」约翰福音 6 章 68 节说：「西门彼得回答说：主阿，你有永生之道，我们还归从谁呢？」

### 6 月 5 日

**神的意识**- 「哦，神啊，有时我的生命不是很稳妥，我转向祢作为我的稳妥源头，求祢使我以神的意识生活，使我能够感觉到祢的同在，并且以信心和盼望面对生命的挑战。」腓立比书 4 章 6 和 7 节说：「应当一无罣虑，只要凡事藉着祷告、祈求，和感谢，将你们所要的告诉神。神所赐、出人意外的平安必在基督耶稣里保守你们的心怀意念。」

6月6日

**紧迫感**-雅各书 4 章 14 节的经文问，同时回答，说：「其实明天如何，你们还不知道。你们的生命是什么呢？你们原来是一片云雾，出现少时就不见了。」主啊，愿我的生活是如此谨慎，以致时刻预备好迎接祢，感谢祢赐给我永生的盼望。

6月7日

**记忆**-人们挣扎于过去的罪恶记忆，而仇敌则试图提出指控。耶稣的宝血洗净所有我们承认的罪。主在以赛亚书 44 章 22 节说：「我**涂抹了你的过犯**，像厚云消散；我涂抹了你的罪恶，如薄云灭没。你当归向我，因我救赎了你。」

6月8日

**尊严**-作为基督徒男士，我们应该成为正面的影响，这个在我们与妻子的**关系中得到了最好的**证明。标准是高的，正如基督爱教会，为她舍己，丈夫也应该爱并且尊重妻子。以弗所书 5 章 25 节说：「**你们作丈夫的**，要爱你们的妻子，正如基督爱教会，为教会舍己。」主啊，我为我的妻子感谢祢。

6月9日

**两面**-我们都是孩子！有些人已经为人父母，甚至是祖父母！箴言 13 章 1 节说：「智慧子听父亲的教训；」主啊，帮助我成为一个听从祢教导的儿子和一个将祢话语的知识传给下一代的父亲。

6月10日

**配偶**-你关心你的儿子或女儿跟谁结婚吗？创世记 24 章描述亚伯拉罕关心他的儿子在婚姻中得到祝福。主啊，**今天**我们为子女的未来配偶代祷，愿他们按着祢的旨意有愉快的婚姻。

6月11日

**困苦**-诗篇 4 篇 1 节说：「我在困苦中，**你曾使我宽广**；现在求你怜恤我，听我的祷告！」我们也可以像大卫一样祷告，把一切困扰、使生活难以忍受的事情带到神面前。祂要扩大我们的视野，鼓励我们的心。

6月12日

**去爱**-奥古斯丁说：「去爱-然后作任何**你想做的事**。」罗马书 13 章 8 节下说：「因为爱人的，就完全了律法。」当我们传递神的爱的時候，我们会体验到生活中的那种自由、创造力和关系，是何等的丰富着我们的生命。问你自已：今天我要向谁行善呢？

6月13日

**可持续性**-创世记 12 章 2 节说：「我必赐福给你，……**你也要叫**别人得福。」我们所有的一切都是神托付给我们的，目的是让我们享受，并作为对他人行善的手段，这样我们就可以为神丰富的祝福腾出空间。

6月14日

**离开**-创世记 2 章 24 节说：「因此，人要**离开父母，与妻子连合**，二人成为一体。」独立是建立新关系的前提，是灵魂与肉体合一的基础，这是神对婚姻的计划。

6月15日

**团契**-神在寻求你的注意的时候，祂是轻声细语的，如果你周围有太多的噪音，**你将永远**听不到祂的声音。祈求神帮助你消除所有令人不安的噪音—让你有可能享受与祂真正的相交。列王纪上 19 章 12 和 13 节说：「地震后有火，耶和華也不在火中；火后有微小的声音。以利亚听见，就用外衣蒙上脸，出来站在洞口。有声音向他说：以利亚啊，你在这里做什么？」

6月16日

**永不孤单**-作为基督的跟随者，你知道在患难时候应当转向谁。感谢主耶稣的应许，祂永远站在你身边，不离不弃。希伯来书 13 章 5 节说：「我总不撇下你，也不丢弃你。」

6月17日

**捕鱼**-如果你想捕鱼，你必须做一些准备；如果你想成为一名成功的得人的渔夫，这同样适用。祈求神教导你如何成为有果效的得人的渔夫。马太福音 4 章 19 节说：「耶稣对他们说：来跟从我，我要叫你们得人如得鱼一样。」

6月18日

**反思**-没有人见过神的面，但作为耶稣的追随者，你正在将祂对人密切的**关注反射**给周围的人。祈求人们能够在你的生命中瞥见神的威严，许多人会因**你的生命而受到鼓舞**，以致他们邀请耶稣进入他们的心中。使徒行传 6 章 15 节说：「在公会里坐着的人都定睛看他，见他的面貌，好像天使的面貌。」

6月19日

**信心**-希伯来书 11 章 6 节说：「人非有信就不能得神的喜悦，因为到神面前来的人必须信有神，且信他赏赐那寻求他的人。」通过耶稣基督，**每个人都被邀请**到天父的面前来。做一个有信心的人，在内心和意志上谦卑地降服于祂。

### 6 月 20 日

**品格**-这个世界的王威胁并反对神国度的发展。主会尊重有品格的人，他们在信仰上坚定不移，在家庭和职场上活出圣经的价值观。要有所作为，做一个世界不配有的人。希伯来书 11 章 38 节说：「在旷野、山岭、山洞、地穴，飘流无定，本是世界不配有的人。」

### 6 月 21 日

**行动**-彼得前书 1 章 13 节说：「所以要约束你们的心，谨慎自守，专心盼望耶稣基督显现的时候所带来给你们的恩。」主吩咐祂的门徒做工，直到祂再来，我们应该行在神预先预备好的善行中，下定决心通过你的行动来荣耀主吧。

### 6 月 22 日

**一心一意**-雅各书 1 章第 6 节说：「只要凭着信心求，一点不疑惑；因为那疑惑的人，就像海中的波浪，被风吹动翻腾。」第 8 节说：「心怀二意的人，在他一切所行的路上都没有定见。」当我们全心寻求神的时候，祂会即时回应我们。要愿意审视你最深的动机，它是受什么驱使的呢？并且祈祷要有一种心思，**是首先**专注于祂国度的心思。

### 6 月 23 日

**爱**-哥林多前书 13 章 13 节说：「如今常存的有信，有望，有爱这三样，其中最大的是爱。」祈求神使**你成**为一个寻找失丧者的人、保护弱者的人、为正义而战的人、并抵制一切邪恶的人，这样，你会让基督的爱通过你流淌出来。

### 6 月 24 日

**苦难**-彼得前书 5 章 10 节说：「那赐诸般恩典的神曾在基督里召你们，得享他永远的荣耀，等你们暂受苦难之后，必要亲自成全你们，坚固你们，赐力量给你们。」为 3 亿 6 千万个经历严重逼害的基督徒祷告，让他们在主里面保持坚强。

### 6 月 25 日

**祈祷**-雅各书 5 章 16 节下说：「义人祈祷所发的力量是大有功效的。」神让我们祈祷成为世界的改变者，为你成为神要你成为的人祷告，成为祂祝福你的家庭和社区的工​​具。期待神的大事，因为祂是全能的哪一位！

6月26日

**智慧**-雅各书 1 章 5 节说：「你们中间若有缺少智慧的，应当求那厚赐与众人、也不斥责人的神，主就必赐给他。」朋友，在无眠的夜里，在没完没了的讨论中，你是在浪费时间，不如来屈膝奉耶稣的名祷告吧，祈求**你有智慧来辨别什么是对的，什么是神眼中所喜悦的，祂会回应你。**

6月27日

**保持力量**-马太福音 24 章 13 节说：「惟有忍耐到底的，必然得救。」运动员通过定期训练来增强肌肉的力量。基督徒的品格和持久力是通过**对主耶稣基督的坚定信念和不断依赖而得到发展的。以这种方式荣耀主。**

6月28日

**卓越**-歌罗西书 3 章 23 节说：「无论做什么，都要从心里做，像是给主做的，不是给人做的。」基督的门徒有最大的动力去尽他最大的能力去做他的工作。勤奋工作的基督徒会受到尊重，做一个优秀的人，并愿意为基督发声。

6月29日

**勇气**-使徒行传 4 章 13 节说：「他们见彼得、约翰的胆量，又看出他们原是没有学问的小民，就稀奇，认明他们是跟过耶稣的。」不是人的智慧或能力，而是**圣灵的充满**使我们有勇气为基督而活和发声。祈求主再次**复兴祂的教会！**

6月30日

**永生**-约翰福音 3 章 16 节说：「神爱世人，甚至将他的独生子赐给他们，叫一切信他的，不致灭亡，反得永生。」耶稣在十字架上救赎全人类，**信靠祂就足以获得永生。分享好消息吧！人们正在死去。**

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## CA men's prayer calendar June 2023

**1 True Comfort** - "Oh Lord, at times I feel so sad and overwhelmed and there is no lasting comfort. I am so glad to know that the Holy Spirit is the true Comforter. I give up trying to dull the pain through human comforts. I ask You to fill me with Your Spirit and provide me with Your peace and rest. (Mt 5:4)

**2. Love supernaturally** - "Heavenly Father, You instruct us to love one another, but my attempts to love always fail. My fleshly efforts fall short and end up being self-serving. I realize that You are the Source of true Love. I ask You, Holy Spirit, to fill me and love others through me." (Ro 13:8-10)

**3. Christ my Life** - "Dear Lord, I have searched for meaning and significance for years. Now I know that without the source of life, that is not possible. You are the true source of life. I now understand that when I received Christ, Christ became my life. Therefore, I yield myself to You Lord Jesus Christ. (Col 3:4)

**4. The ultimate go to Person** - "Dear Lord Jesus, You are the Almighty Son of God—the very Source of Eternal Life. I recognize that You are the only one to whom I can go. Therefore, I look to You as the source of my life. Cause me to always go to You. Grant me the grace to trust You completely. (Jn 6:68)

**5. A God consciousness** - "Oh God, at times my life is not very stable. Therefore, I turn to You as the Source of my stability. Cause me to live with a God consciousness so that I can have a sense of Your abiding presence and face the challenges of life with trust and hope (Php 4:6.7)

**6. Urgency** - The Bible asks, and at the same time answers: "What is your life? You are like a mist that appears for a short time and then dissipates" (James 4.14). Lord, may my living be so prudent, and to the point of always being prepared to meet You. Thank you for the hope of eternal life.

**7. Memories** - Men struggle with sinful memories of the past and the enemy seeks to make accusations. The blood of Jesus cleanses us from all confessed sin. The Lord says: "I have blotted out your transgressions like a mist, and your sins like a cloud. Turn to me, for I have redeemed you" (Is 44:22).

**8. Dignity** - As Christian men we should be a positive influence. And this is best demonstrated in the relationship we have with our wife. The standard is

high. Just as Christ loves the church and gave himself for her, a husband should love and dignify his wife (Eph 5:25). Lord, thank you for my wife.

**9. Two sides** - We are all children! Some are already parents, and even grandparents! Proverbs 13:1 speaks of the wise son who hears his father's instruction. - Lord, help me to be a son who listens to your teachings and a father who passes on the knowledge of Your word to the next generation.

**10. Spouses** – Are you concerned about whom your sons or daughters will marry? Genesis 24 relates Abraham's concern that his son be blessed in marriage. Lord, today we intercede for the future spouses of our children. May they have happy marriages according to Your will.

**11. Distress** – “You have relieved me in my distress; be gracious to me and hear my prayer” (Ps 4:1). As David, so can we pray and bring everything that troubles us and makes life unbearable before God. He wants to enlarge our vision and encourage our heart.

**12. To love** – “Love – and then do what you want” (Augustine). “He who loves his neighbor has fulfilled the law” (Ro 13:8b). When we pass on God's love we experience the kind of freedom, creativity and relationship that enriches our life. Ask yourself: To whom may I do something good today?

**13. Sustainability** – “I will bless you, ... And so, you shall be a blessing” (Ge 12:2). Everything we have is entrusted to us by God for the purpose of our enjoyment and as a means to do good to others. This way we make room for God's bountiful blessings.

**14. To leave** – For this reason a man shall leave his father and his mother, and be joined to his wife; and they shall become one flesh” (Ge 2:24). Independence is the pre requisite for a new relationship and the foundation for the unity of soul and body. This is God's plan for marriage.

**15. Fellowship** – God is whispering softly when he is seeking your attention, and you will never hear his voice if there is too much noise around you. Pray that God will help you to silence all the disturbing noises – making it possible for you to enjoy true fellowship with Him (1Kings 19:12-13).

**16. Never alone** – As a follower of Christ you know where to turn in times of trouble. Thank the Lord Jesus for His promises to always stand by your side, never leaving nor forsaking you. “I will never desert you, nor will I ever forsake you” (Heb 13:5).



**17. Fishing** – If you want to catch fish, you must do some preparations. The same applies, if you want to become a successful fisher of men. Pray that God will teach you how to become an effective fisher of men (Mt 4:19).

**18. Reflecting** – No human being has ever seen God's face, but as a follower of Jesus you are reflecting his glory to those around you. Pray that people will see glimpses of God's majesty in your life, and that many will be so encouraged by your life that they invite Jesus into their hearts (Acts 6:15).

**19. Faith** – “And without faith it is impossible to please Him, for he who comes to God must believe that he is and that He is a rewarder of those who seek him” (Heb 11:6). Through Jesus Christ everybody is invited to come to the Father. Be a man of faith who puts Him first in humble surrender of heart and will.

**20. Character** – The prince of this world threatens and fights against the advance of the Kingdom of God. The Lord will honor men of character who stand firm in the faith and live out the biblical values in family and on the market place. Make the difference and be a man of whom the world is not worthy. (Heb 11:38)

**21. Action** – “Therefore prepare your minds for action, keep sober in spirit, fix your hope completely on ... Jesus Christ” (1Pe 1:13). The Lord told his disciples to work until his return. We should walk in the good works God prepared beforehand. Be determined to glorify the Lord through your action.

**22. Single-mindedness** – “But he must ask in faith without doubting ... a double minded man is unstable in all of his ways” (Jas 1:6.8). God is ready to answer when we seek Him with all our heart. Be willing to examine what drives your deepest motivation and pray for a mind that is fixed first on His Kingdom.

**23. Love** – “And now faith, hope, love, abide these three; but the greatest of these is love” (1Cor 13:13). Pray for God to make you into a man who seeks the lost, who protects the weak, who is a warrior for what is right and who resists all evil. This way you allow for the love of Christ to flow through you.

**24. Suffering** – “After you have suffered for a little while, the God of all grace, who called you to his eternal glory in Christ, will Himself perfect, confirm, strengthen and establish you. (1Pe 5:10). Pray for those 360 million Christians who experience high levels of persecution (OD) to keep strong in the Lord.

**25. Prayer** – “The effective prayer of a righteous man can accomplish much” (Jas 5:16b). God has given us prayer to become world changers. Pray for

you to become the man God wants you to be. Become His tool of blessing for your family and community. Expect great things of God for He is the almighty One!

**26. Wisdom** – “But if any of you lacks wisdom, let him ask of God, who gives to all generously” (Jas 1:5). Friend, before you loose time in sleepless nights and unending discussions, bent your knees and pray in the name of Jesus for wisdom to recognize what is right and pleasing in God’s eyes. He will answer.

**27. Staying Power** – “But the one who perseveres to the end, he will be saved” (Mt 24:13). Athletes develop muscle strength through regular training. Christian character and staying power are developed through abiding faith in and constant dependency of the Lord Jesus Christ. Honor the Lord this way.

**28. Excellence** – “Whatever you do, do your work heartily, as for the Lord rather than for men” (Col 3:23). A disciple of Christ has the highest motivation to do his work to the best of his abilities. A Christian who is diligent in his labor will be respected. Be a man of excellence and be willing to speak up for Christ.

**29. Boldness** – “Now when they saw the boldness of Peter and John, ... they realized that they had been with Jesus” (Acts 4:13). Not human wisdom or ability, but the fulness of the Holy Spirit grant the boldness to live and speak up for Christ. Pray for the Lord to revive his Church again!

**30. Eternal live** – “For God so love the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life” (Jn 3:16). On the cross Jesus Christ redeemed all mankind. Faith in Him is enough to receive eternal life. Share the Good News! People are dying.

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